

COURSE TITLE:	BRITTANY FRANCE: NATURAL & CULTURAL HISTORY		
NO. OF CREDITS:	5 QTR CREDITS	CONTACT HRS:	50
		WA CLOCK HRS:	45
		OR PDUS:	45
INSTRUCTOR:	MICHELLE D. ROGERS, MS EDS	mr@sejours.us	
	PO BOX 85234		
	SEATTLE WA, 98145, USA	206/618-9816	
	OR		
	6 RUE GRAMME		
	75015 PARIS, France	888/618-9882	

COURSE DESCRIPTION:

This travel study on the history and culture of Brittany, France provides K-12 teachers readings, articles and visits adaptable to a wide variety of school curriculums and personal interests such as language, history, legends, Megaliths, Celtic traditions, nature coastal systems and more. A short on-line pre-trip course will prepare you for our 10 days in Brittany France. The course, held in Carnac (Brittany France), will explore the Celtic cultural and natural history by attending local museums, touring local abbeys and castles, going to Megalith and pre-history sites, doing nature hiking, biking and kayak trips, and eating a lot of traditional foods and drinks. We will explore the beautiful costal ecology of Brittany at beaches, islands and in local nature preserves where the local ecosystems, plants and animals can be experienced. Current modern-day agricultural practices, from oysters to wheat to traditional cider production, will be discussed. Lastly there will also be some guest expert lectures concerning many of the course topics. Students will have some 'free' time for pursuing research and work relevant to their specific chosen topics.

Trip cost of \$1495/per person for the 10-day trip includes all accommodations, related transportation, museum entry fees, all breakfasts and three special meals. Airfare and university credit fee are additional.

LEARNING OUTCOMES:

As a result of this course participants will:

- Learn about NW France's coastal ecology and biodiversity.
- Learn about Celtic History and ancient pre-history Megaliths.
- Learn about Brittany France's culture.
- Choose one aspect of Brittany's cultural and natural history to do more in depth study of.
- Keep a field journal of all information gathered, learned and seen.
- Collect literature, knowledge and brochures for classroom application.
- Prepare a lesson plan based on this information for use in the classroom.
- Integrate course information with state and district learning standards.
- Improve on basic French conversation skills at the daily conversation level

COURSE REQUIREMENTS:

Following are the minimum course requirements for the granting of university credit. Antioch University Seattle requires 75% or better to issue credit at the 400 level, and 85% or better for credit at the 500 level.

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|---|-----|
| 1. Attendance and active participation in all class & pre-class sessions. | 40% |
| 2. Reading of articles, handouts and texts. | 30% |
| 3. Satisfactory completion of all outside assignments | 30% |

400 & 500 LEVEL

400 LEVEL OUTSIDE ASSIGNMENTS:

Read the assigned articles, websites and texts given via the online pre-trip portion.

1. Choose 1 book from the Bibliography on your preferred subject choice. Choice should be relevant to your classroom and teaching subjects. Following are some possible ideas for your work:
 - Celtic and French Languages.
 - Celtic and Brittany Cultural History.
 - Natural History of Brittany
 - Coastal Ecology Systems
 - Coastal Systems and Conservation Issues
 - Integration of Man and Nature (Ethnobiology of Brittany France)
 - History and Knowledge of Megaliths and Pre-history Cultures
 - The Traditional Food and Drinks of Brittany France
 - Preservation and Conservation of Natural and Historical Sites
 - Art and Traditions of Brittany France
 - Celtic Myths and Legends
 - Another topic with the instructor's prior approval.
2. Prepare a short paragraph on the following 3 questions and post them at the class online forum starting May 15, 2007:
 - a. Introduction of yourself with a brief summary of what you hope to get in the course.
 - b. A 1-2 pg. summary paper about the topic you've chosen to focus on during the course, and how it relates to your classroom.
 - c. A 1-page essay summary on the book you chose to read on your chosen topic.
3. Participate in the online discussion with the other students concerning these topics.
4. Each participant will be expected to keep a detailed journal of all course items they do and learn during the online portion, including notes taken from their readings. They will bring the journal with to the 10-day trip and will be expected to keep detailed records of all they learn, do and see. Since this will be an intensive fast-paced adventure the journal will allow the participant to remember all they learned and did at a later date.
5. Each participant will be expected to prepare a thematic unit on the Brittany topic they've chosen. They will be given some time during the course dates to do personal independent research on the topic they've chosen towards this endeavor.
6. At the end of the 10-day trip participants are expected to give a brief presentation on their topic, and to outline what they've learned about it while on the trip. Each participant will post the thematic unit they've created to the online forum as well so that all the other participants/teachers can also benefit from their work and know knowledge.
7. Each participant should write a very short summary at the end of the trip on one highlight of their adventure and post it to the online forum.

500 LEVEL OUTSIDE ASSIGNMENTS:

In addition to the 400 level assignment do the following:

8. Choose a second book from the booklist that pertains to the topic you are most interested in. The topic should be the same, or similar, or related, to the topic chosen for the 400 level work. This work should be an extension/addition to the 400 level work.

9. Then complete **one** of the following options:
 - Write a 5-page referenced paper (references should include the 2 chosen books) expanding on a specific aspect of your learning, and discuss how what you learned can be used, integrated and applied back in your classroom.

OR

 - Another project of your own design about the art, culture and history of the region we visit, with the instructor's pre-approval.

INSTRUCTOR EVALUATION OF WORK:

- The instructor will review the course journals on the last day of the adventure.
- All work should be posted to the online forum for the instructor to download. Papers and graded work will be returned via email.
- If you would rather have the work returned via regular mail please give me a self-addressed, stamped envelope.

ASSIGNMENT DUE DATES:

- All outside assignments must be completed and received by the instructor within 2 weeks following the last day of travel, unless other arrangements are made during your time together.
- Papers and lesson plans should be submitted at the online course website forum as attachments in MS Word file format. This way you can read and benefit from other's work, and I can download them easily for grading.

REQUIRED READING:

- Selected writing, work and articles from the instructor posted at the online forum for the participants to download, print and read prior to the 10-day in-person trip in France.
- 400 level: choose and read 1 book from the book list pertaining to your chosen topic.
- 500 level: choose and read 2 books from the book list pertaining to your chosen topic.
- A travel guide to Brittany is recommended, but not required.
- All books can be obtained from **www.amazon.com**

QUALIFICATIONS FOR INSTRUCTING:

Michelle Rogers has a BS in botany with an environmental anthropology minor from The University of Washington (UW), a graduate certificate in environment and community from Antioch University, an MS in Biology for Instructors from the UW, an environmental education professional teaching certificate, an online instruction and facilitation professional certificate, and is working towards completion of an EdS in BrainSMART Education Leadership with Nova Southeastern University (June 2007). Work experience includes scientific research, instruction at the high school and adult level in formal, non-formal and study abroad venues. Michelle loves to travel, and has spent extended time abroad traveling in North America and Mexico, Central and South America, and in Europe. She has effectively turned these multicultural experiences into classroom activities for students. In 2004 Michelle started her own small business offering educational study abroad programs in France (www.sejours-ff.com). Currently, she runs study abroad programs during the summer, and during the academic year works as an adjunct online faculty and curriculum developer for several US universities (Davenport University, National American University, and Lesley University's Science Online Masters Program for Science Teachers).

**BRITTANY FRANCE: NATURAL & CULTURAL HISTORY
IMPORTANT ADDITIONAL INFORMATION**

PRE-TRIP CLASS

May 15 - June 1, 2007 (2 weeks – all online)

TRAVEL DATES

June 20 - 29, 2007 (10-days)

WHAT TO BRING

A detailed list of what to bring for this course will be posted at the pre-course online forum for Participants to download and use when packing.

MEDICAL INSURANCE

All participants are required to show proof of international medical coverage and insurance. Some domestic insurance companies offer it, but most do not. The participant must show that their current insurance covers them internationally, and otherwise are required to purchase travel insurance and show proof of coverage prior to the departure date.

TRIP COSTS

\$1495/per person

- \$1495 includes the pre-trip online instruction, the grading and evaluation afterwards, the 10-day trip, including all accommodations in Paris, Carnac and St. Malo (In Carnac accommodation is in a shared small beach-house with private patio 5 minutes from the ocean), all breakfasts, all course related transportation including transport from Paris and back, all course related museum and park entry fees, fully guided and all instruction, a first-day intro dinner, a traditional Brittany lunch during the course, and a final last-day departure dinner, course related trip rental fees and boat tickets.
- Antioch Credits are in addition to the course cost.
- Airfare and transfers to and from the airport are not included.

BIBLIOGRAPHY READING SELECTION INFORMATION

- Books on culture, language, history or nature and costal systems.
- 400 level students should choose one to study and use towards their thematic unit.
- 500 level students should choose two, and both should relate to the same topic.
- At least two for each kind of topic the instructor can choose from are listed below.
- All books can be obtained from www.amazon.com
- Student can choose own book upon approval of choice by the Instructor.

**BRITTANY FRANCE: NATURAL & CULTURAL HISTORY
BIBLIOGRAPHY & READING LIST**

1. [A Guide to the Stone Circles of Britain, Ireland and Brittany](#) (Guide to the Stone Circles of Britain, Ireland and Brittany) Aubrey Burl (Paperback) Yale University Press, April 1995
2. [The Bretons \(Peoples of Europe Series\)](#) Patrick Galliou, Michael Jones (Paperback) Blackwell Publishers, July 1996
3. [Horse of Pride: Life in a Breton Village](#) by Pierre-Jakez Helias, June Guicharnaud (Translator) (Paperback) Yale University Press, September 1980
4. [Celtic Myths and Legends](#) by Peter Berresford Ellis, Carroll & Graf Publishers, December 2002
5. [Legends and Romances of Brittany](#) by Lewis Spence (Paperback) Dover Publications, May 1997
6. [The Druids: Celtic Priests of Nature](#) by Jean Markale (Paperback) Inner Traditions; 1st U.S. ed edition, February 1999
7. [A Brief History of the Druids](#) (Brief History) by Peter Berresford Ellis (Paperback) Carroll & Graf Publishers, April 2002
8. [The Nature of France: Brittany](#) by Dennis Furnell, Ann Furnell Pallas Athene (UK), 2003
9. Bretange - de la pointe du raz à l'estuaire de la Loire (T4) French only. (Natural ecology of Brittany book) De Bournérias M., Pomerol Ch., Turquier Y. Guides du Naturaliste des Côtes de France <http://www.delachaux-niestle.com/dn/nature.php3?viewCat=162&Type=1>
10. [Mammals of Europe](#) (Princeton Field Guides) by David W. Macdonald Princeton Press, 2001
11. [Collins Bird Guide: The Most Complete Field Guide to the Birds of Britain and Europe](#) by Lars Svensson, et al (paperback) Harpercollins Pub Ltd, December 1998
12. [Reptiles and Amphibians of Europe \(Princeton Field Guides\)](#) by E. Nicholas Arnold (Paperback) Princeton University Press, January 2003
13. [Green Guide: Butterflies of Britain and Europe \(Green Guides\)](#) by Robert Goodden (paperback) New Holland Publishers, Ltd., September 2002
14. [A Field Guide to the Trees of Britain and Northern Europe \(Collins Field Guides\)](#) by Alan F. Mitchell (paperback) HarperCollins Publishers, 2nd ed edition, July 1982
15. [Wild Flowers of Britain and Northern Europe \(Collins Pocket Guide\)](#) by Richard Fitter (paperback) HarperCollins Publishers, 5th edition, February 1999
16. [Field Guide to the Insects of Britain & Northern Europe](#) by Bob Gibbons (paperback) Trafalgar Square Publishing, December 1996
17. [Marine Biology: Environment, Diversity, and Ecology](#) (The Benjamin/Cummings series in the life sciences) by Matthew Lerman (hardcover) Addison Wesley Publishing Company, July 1999
18. [The Nature Handbook : A Guide to Observing the Great Outdoor](#) by Ernest Herbert Williams, Ernest H. Williams (paperback) Oxford University Press, USA, 2005

**BRITTANY FRANCE: NATURAL & CULTURAL HISTORY
TRIP ITINERARY**

Itinerary:

Arrive Paris on June 20th, 2007	Group Dinner included at 8pm.	Accommodation in 3 star Hotel. Breakfast included.
Leave Paris June 21st, 2007	Drive to Brittany. Stop at Vannes Castle, Merlin's forest on way to Carnac.	Accommodation in beach house. Breakfast included.
June 21-27, 2007 Carnac, Brittany France	7 days in Carnac. **Kayaking the Brittany Coast **Beach hike from Carnac to Trinite-sur-Mer. (Easy hike) **Bike trip tour of many Megalith sites, stop at pre-history museum. **Tour of local Abbey. **Trip to local village and outdoor market. **Trip to local oyster and salt farms **Trip to Quiberon Peninsula for hiking. (Easy hike). **Trip to nature preserve on local Island (three to choose from). **Some time off to conduct individual projects and research, and to do fun option things like: going to the local spa, going to the local casino, going to the local villages and shops, hanging on the beach, taking wind-surfing lessons, etc.	Accommodation in beach house. All breakfasts included. One traditional food (crepes and cider) lunch included.
June 28th, 2007	Leave Carnac and drive around northern tip of Brittany to St. Malo.	Accommodation at St. Malo included. Breakfast included.
June 29th, 2007	Return to Paris with stop at Mont St. Michel. Final group dinner included where we say good bye! ;)	Accommodation in 3 star Hotel. Breakfast included. Last night. Leave the next morning (June 30th).

**TRIP COSTS
\$1495.00/person**

- The \$1495 includes the pre-trip online instruction, the grading and evaluation afterwards, the 10-day trip, including all accommodations in Paris, Carnac and St. Malo (In Carnac accommodation is in a shared small beach-house with private patio 5 minutes from the ocean), all breakfasts, all course related transportation including transport from Paris and back, all course related museum and park entry fees, fully guided and all instruction, a first-day intro dinner, a traditional Brittany lunch during the course, and a final last-day departure dinner, course related trip rental fees and boat tickets.
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