

**FOR ALL COACHES: CREATE YOUR OWN COACHING/PE COURSE**  
**Sports Resources Bibliography**

The following is a short list of great sports resources that you might use for this course. Since the number of resources is vast, your choice for materials may not be on this list, which is perfectly acceptable. These resources are available as books or videos through the following websites:

Amazon.com

sportsnationvideo.com

djsportwear.com

Syskos.com

reedswain.com

sportinggoods.biz

Performancecondition.com

**Basketball**

*Must Have Dribble Drive Motion Offense Adjustments*, by Herb Welling

*The High Ball Screen Offense*, by Curt Miller

*Zone Attacks*. By: Brad Soderberg

*Individual Skill Development To Help Build A System*, by Donnie Jones

*Running A Basketball Camp*, by Jerry Petitgoue

*The 50 Gap Defense*, by Gregg Marshall

*The Shooter*, by Mike Paukert

*Changing Man-to-Man Defensive Looks*, by Mike Jarvis

**Baseball**

*Baseball Skills and Drills Book*, by Pat McMahon

*Baseball Coaching Bible Book*, by American Baseball Coaches Association

*Baseball Drill Book*, by Bob Bennett

*Baseball Strategies*, by Bob Bennett

*The Hitting Edge*, by Tom Robson

*The Baseball Pitching Edge Book*, by Tom House

*52 Week Baseball Training*, by Gene Coleman

*Youth Baseball Drills*, by Marty Schupak

**Soccer**

*The Soccer Academy: 100 Defending Practices and Small Sided Games*, by Mike Beale

*The Soccer Academy: 140 Overload Games and Finishing Practices*, by Mike Beale

*Modern Youth Training- Ages 5-12*

*Full Season Training Program*, by Barry Gorman

*Coaching the European 3-5-2*, by Kevin Thelwell

*Training Creative Goalscorers*, by Mike Beale

*Technical and Tactical Practices of the Pros*

*Coaching Soccer Tactics*, by Phil Wymer

*Soccer Specific Conditioning Program Book* by

## **Track and Field**

COACHING BY THE EXPERTS: TRACK & FIELD RUNNING EVENTS—NTSC VIDEO  
COACHING BY THE EXPERTS: TRACK & FIELD THROWING EVENTS—NTSC VIDEO  
COACHING BY THE EXPERTS: TRACK & FIELD JUMPING EVENTS—NTSC VIDEO  
by: ATHLETIC INSTITUTE

COACHING TRACK & FIELD SUCCESSFULLY

by: MARK GUTHRIE

COMPLETE BOOK OF JUMPS

by: ED JACOBY

COMPLETE BOOK OF THROWS

by: JAY SILVESTER

ENDURANCE ATHLETE'S EDGE

by: MARC EVANS

FUNDAMENTALS OF TRACK AND FIELD-2ND

by: GERRY A. CARR

GOLD MEDAL TRACK & FIELD DVD

by: HUMAN KINETICS

## **Football**

*Teaching Character Through Sport*, by Bruce Brown

*The Spread Offense: Passing Game*, by Dan Mullen

*Coaching DBs & Outside LBs in Cover 2 & Cover 8*, by Frank Chimienti

*The Complete Book of Speed and Agility Football Drills*, by Jerry Tolley

*Coaching The Gap-Control Rover Defense*, by Tom Olivadotti

*The I-Formation Attack For Youth Football*, by Nick Gasparato

*Tackling Circuit: Drills and Techniques*, by Kerry Locklin

*Special Teams Teaching Progressions*, by Dick Arbuckle

*1001 Motivational Messages and Quotes for Athletes and Coaches*, by Bruce Brown

*The Role Of Parents In Athletics*, by Bruce Brown

*Coaching The One-Back Attack*, by Scott Criner & Steve Sosnowski

*Defensive Organization And Game Planning*, by Tim Racki

*Running A Multiple Defense at the High School Level*, by Buck Roggeman

*Zone Blitz Package*, by Bill Young

*The 'Pistol' Offense*, by Jerry Campbell

*Coaching Running Backs*, by Dean Campbell

*45 Blitzes for the 3-5-3*, by Taylor Burks

## **Wrestling**

*Coaching Wrestling Successfully*, by Dan Gable      *Dan Gable's Advanced Wrestling*

*Dan Gable's Wrestling Essentials—Top Position*

*Dan Gable's Wrestling Essentials—Bottom Position*

*Dan Gable's Wrestling Essentials—Standing Position*

*Wrestling: A Commitment to Excellence*, by Ken Chertow

*Fundamentals of Scientific Wrestling*, by Shozo Sasahara

*Basic Wrestling Technique For Youth—A Guide for Parents & Coaches*, by Townsend Saunders

*Successful Wrestling*, by Art Keith

*Winning Wrestling Moves*, by Brooks Simpson

## **Volleyball**

*COACHING VOLLEYBALL SUCCESSFULLY*, by SALLY KUS  
*COACHING YOUTH VOLLEYBALL - 3RD EDITION*, by ASEP  
*COACHING YOUTH VOLLEYBALL: TECHNIQUES & TACTICS VIDEO – NTSC*, by ASEP  
*COMPLETE CONDITIONING FOR VOLLEYBALL*, by: SCATES, LINN  
*GAMES APPROACH TO COACHING VOLLEYBALL VIDEO – NTSC*, by ASEP  
*INTERACTIVE VOLLEYBALL VOLUME 1*, by SAVVY KNOWLEDGE SYSTEMS  
*THE VOLLEYBALL COACHING BIBLE*, by SHONDELL & REYNAUD  
*VOLLEYBALL DRILLS FOR CHAMPIONS*, by MARY WISE  
*VOLLEYBALL FUNDAMENTALS*, by HK, JOEL DEARING

## **Motivational**

*Make the Big Time Where You Are*, by Frosty Westering  
*1001 Motivational Messages and Quotes for Athletes and Coaches*, by Bruce Brown  
*The Role Of Parents In Athletics*, by Bruce Brown  
*Teaching Character Through Sport*, by Bruce Brown

## **Sports Movies**

**(The following movies are available for rent through such online services as Netflix.com).**

|                          |                       |
|--------------------------|-----------------------|
| Rudy                     | We Are Marshall       |
| Remember the Titans      | Eight Men Out         |
| Coach Carter             | Field of Dreams       |
| Miracle                  | A League of Their Own |
| Brian’s Song             | The Natural           |
| Gridiron Gang            | Pride of the Yankees  |
| The Perfect Game         | Finding Forrester     |
| Friday Night Lights      | Hoosiers              |
| Jim Thorpe: All-American | Cinderella Man        |
| Radio                    | Rocky                 |

## **Web sites**

Bucksweep.com  
Eteamz.com  
rivals.com  
WIAA.com  
Syskos.com  
Soccer.com  
Football.com  
Baseball.com  
Basketball.com  
Jcfb.com/forum  
ChampionshipProductions.com