Growth Mindset

Ann Burk

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| **Lesson**: *Growth Mindset* |
| **Objective**: |
| * *Students will identify characteristics of the growth & fixed mindsets.*
* *Students will gain an understanding that the brain has the ability to become stronger*
* *Students will become familiar vocabulary and language associated with positive thinking.*
* *Students will learn that changing your thoughts and self-talk can change your mindset.*
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| **Essential Question**:  |
| *How can having a growth mindset impact learning?* |
| **Grade Level/ Time** |
| *2nd grade 45-60 minutes* |
| **Materials Needed*:*** |
| *Class Dojo video clip- Mindset Series 1**The Girl Who Never Made Mistakes by Mark Pett**Mindset Activity Packet with Fixed/Growth mindset word cards (from Teachers Pay Teachers)**Brain print out**Wiggle eyes**Color crayons, markers, colored pencils**Glue*  |
| **Procedure:** |
| *Watch Class Dojo Mindset Series, Video 1 which explains that the brain is a muscle**Teacher will read story to students with predictions, discussions and conclusions throughout**Partner Read Activity Packet* *Introduce Words/Phrases cards & discuss what mindset they represent**Color one side of the brain printout with bright colors to represent growth mindset**Cut, sort and glue mindset vocab words to white side of the brain for fixed mindset & colored side of the brain for the growth mindset**Add wiggle eyes and picture of barbells to represent the brain getting stronger* *Ask students to answer a question regarding lesson info. as they exit the classroom* |
| **Evaluation:** |
| *Discussion Question & Answer**Observation Participation**Finished Product Response to exit question*  |