



THE HERITAGE INSTITUTE 2017
Professional Development Courses for Educators
www.hoi.edu

The Heritage Institute: Distance & Online Courses for Educators

QUARTER & SEMESTER CREDIT EQUIVALENCY

Quarter Credit	# of Hours	Semester Credit
1 Quarter Cr	10 Hours	0.66 Semester Cr
2 Quarter Cr	20 Hours	1.33 Semester Cr
3 Quarter Cr	30 Hours	2.00 Semester Cr
4 Quarter Cr	40 Hours	2.66 Semester Cr
5 Quarter Cr	50 Hours	3.33 Semester Cr
6 Quarter Cr	60 Hours	4.00 Semester Cr

Welcome to The Heritage Institute, a comprehensive, interesting and affordable source of K-12 educator professional development.

The Heritage Institute has been a leader in educator professional development inspiring teachers in the Pacific Northwest, nationally and internationally since 1978. Our experienced instructors and classroom-tested curriculum will help you make a difference in your classroom.

K-12 teachers appreciate our commitment to educate the whole child through courses that honor teacher and student strengths, the power of caring connections, and the development of character along with the acquisition of content.

All our courses are self-paced and you may register at any time. Once registered you have six (6) months to complete.

 This symbol indicates courses which involve sending assignments to your instructor by email.

 This symbol indicates an online course in which assignment responses are posted in a password-secured online webpage.

All courses listed are available for Antioch University continuing education quarter-system credit. See the conversion table above for the quarter-system to semester system equivalents.

Antioch University is accredited by the Higher Learning Commission, 230 South Lasalle St., Chicago, IL. 60604; 800.621.7440.

Antioch continuing education credits may be used to maintain your teaching certificate and for salary enhancement. Please check with your faculty advisor, state office or district administrator before registering to ensure our program meets your requirements.

Please review our policies page for more information or contact our office if you have questions or would prefer to register by phone or mail.

We look forward to providing you with continuing education that offers inspiration along with high academic standards.

**The Heritage Institute, PO Box 1273, Freeland WA, 98249
800.445.1305; registrar@hol.edu**

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Our cover image, "Early Morning Heron", is by Whidbey Island artist Pete Jordan. Pete's work can be seen in several island galleries including the Brackenwood Gallery in Langley, where his work is principally represented. <http://www.brackenwoodgallery.com/pete-jordan/>

CLIMATE CHANGE FOR TEACHERS & STUDENTS



Climate change is a global threat. Yet our schools lag far behind international schools in educating for change. This course uses platforms developed by NASA and the EPA to instruct about the science of climate change in a kid-friendly interdisciplinary way. Engage your K-5 students with youthful graphics and games. You will review lesson samples that integrate science, social studies and math. Take students on virtual expeditions to places where climate change is visible. Readings are free online.

INSTRUCTORS: Mike Seymour, M.S.
Charity Staudenraus, M.A.T.

COURSE NO: ED456K, ED556K 6 Quarter Cr
TUITION: \$300 All levels (4 Semester Cr)



The Arts

ARTS WITH THE BRAIN IN MIND

Follow Eric Jensen's guidebook *Arts With the Brain in Mind* to enhance students' creative, expressive and reflective abilities. The arts are a wonderfully humanistic way to teach all subjects better, for arts educators and other teachers alike, and Jensen has proven to be one of the most readable and enthusiastic authors for educators. Text is about \$16 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED433C, ED533C 2 Quarter Cr
(1.33 Semester Cr)
TUITION: \$175 Credit 400 & 500 level
\$130 CEU/Clock/PDU

BASIC ELEMENTS OF ART: Activities For The Busy Teacher

Bridge the achievement gap in your K-12 classroom by integrating art activities into any subject. Course readings and activities include art materials, and concepts like: patterns, rhythm, primary colors, color blending, hot and cold color, shapes, line, texture, positive and negative space. In addition you will learn to implement art vocabulary, and Internet references. This course aligns with National and State Art Standards while being fun and easy to implement. Used texts about \$20 on Amazon.

INSTRUCTOR: Debbie Supplitt, M.Ed.
COURSE NO: ED444S, ED544S 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

CREATING & PUBLISHING COMICS IN THE CLASSROOM

Creating comics is a powerful teaching tool that sparks interest with struggling readers, writers, and creative visual artists. Discover the power that an innovative comic creation and publication curriculum provides. You will learn hands-on creative ready-to-use comic lessons, assessment tools, rubrics, vocabulary, character development, story ideas, online resources and ideas for developing a one of a kind published, collaboratively created comic book. Two required texts are \$75.

INSTRUCTOR: Debora Supplitt, M.Ed.
COURSE NO: ED461R, ED561R 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

DRAMA GAMES

Learn how to use drama techniques to make everyday classroom lessons come to life. Drama Games give teachers a new educational tool for any subject by using improvisational theatre concepts as an active form of learning. Improvisational theatre gives students a fun and interactive way to learn English, reading, literature, history, communications, speech and much more. The activities in this course can be used with all ages of students and in any classroom setting. Text \$11 on Amazon.

INSTRUCTOR: Doug Larson, M.S.
COURSE NO: ED450J, ED550J 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

OBSERVATIONAL DRAWING Skills For The Teacher Artist

Open to all ability levels, *Observational Drawing Skills* lessons are broken down into a series of small concepts so you can practice each before incorporating it into your realistic looking still-life project. Based on drawing and design principles lesson plans will be developed for implementation into any K-12 classroom. You will purchase the 30-video online course providing nearly 5 hours of step-by-step ODS content. \$100 additional fee for ODS videos.

INSTRUCTOR: Debbie Supplitt, M.Ed.
COURSE NO: ED457S, ED557S 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

Classroom Management

10 STUDENTS YOU'LL MEET IN YOUR CLASSROOM: Tips For Secondary Teachers

This course presents the 10 personality types in most classrooms, including all the special characters you work with in the secondary classroom: the Good Kids, the Rebels, the Perfectionists, the Invisibles and more. Each introduction provides ample information on how to work with that type student. This wonderful resource improves human relations while providing practical strategies for understanding and succeeding with your interesting and varied students. Used text \$15 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED448H, ED548H 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

BATTLING BOREDOM

Not only are the 99 possible strategies explored in this book going to help engage your students, but they will banish any boredom you may be experiencing as well. Based on sound teaching practices, Bryan Harris's text offers enough variety for any classroom, teaching style, or grade level. You will have fun selecting the best fit for you, and finding out just how to get the student engagement and the focus that make teaching fun, indelible and authentic. Text \$28 new from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED448G, ED548G 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

CHALLENGING PRESCHOOLER: For Preschool To Grade 3 Teachers

Every early childhood classroom has challenging students. Learn new and easy strategies for managing power struggles, disrupting, bullying, learning disabilities, behavioral disorders and more. Your students can learn to problem solve, handle their emotions appropriately, and replace negative behaviors with positive ones. You can create a positive, supportive, and healthy learning environment for your early learners through the use of many simple, applicable techniques. For Preschool through grade 3 teachers. Text is about \$11 at Amazon.

INSTRUCTOR: Kelly Lickteig, M.A.
COURSE NO: ED461Q, ED561Q 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

CLASSROOM MANAGEMENT THAT WORKS

Learn about the researched, best practices in classroom management that will reduce your stress and increase your effectiveness in developing a classroom ready to learn. Based on *Classroom Management That Works* by Robert & Debra Marzano and Debra Pickering. Text approximately \$20 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED430C, ED530C 2 Quarter Cr
(1.3 Semester Cr)
TUITION: \$175 Credit 400 & 500 level
\$130 CEU/Clock/PDU

ESTABLISHING RULES & BOUNDARIES

Finding a balance between rules, guidelines, boundaries and suggestions can be difficult. This course challenges all educators to evaluate personal guidelines and rules, investigate strategies to teach children how to follow rules, and explore ways to modify your behavioral plans. Upon completion you will have a clearer understanding of your own value system, how it impacts your students and a defined process of developing rules. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED445X, ED545X 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

FIRST DAYS OF SCHOOL: From Stress To Success

With 3.3 million copies sold, our course text is a must have for new teachers and veterans alike. It is the best-selling book ever written on classroom management. Step-by-step proven skills and teacher-tested strategies lead you to success and less stress. Specific strategies to motivate K-12 students mean more time on task, leaving you more time for creatively closing the achievement gap. Used text about \$17 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED447E, ED547E 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

LEADING & MANAGING A DIFFERENTIATED CLASSROOM

Experts in differentiated instruction, Carol Ann Tomlinson and Marcia Imbeau add a fresh dimension to DI making it playful and practical. You will help students be patient with others working at different levels and speeds. The text has suggestions for classroom routines so students at various levels feel good working together, help manage noise, time and the differences between highly capable and struggling students. Used text, \$17 on Amazon, includes a Teacher's Toolbox full of great ideas.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED448i, ED548i 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

LIFE LESSONS FROM DR. SEUSS: Kindness In The K-5 Classroom

Support kindness, respect for others, an attitude for service and a variety of other positive character traits by learning how to incorporate the literature and themes found in Dr. Seuss books, one of the most beloved of children's authors. Elementary teachers will compile lists of Dr. Seuss books and videos and create lessons that enhance social and emotional learning in the classroom. Text is about \$6 on Amazon.

INSTRUCTOR: Larry Rzezniak, M.S.
COURSE NO: ED437P, ED537P 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

LOVE & LOGIC IN TEACHING

Let's focus on solutions for the frustrations and challenges in today's K-12 classroom. Love and Logic is a highly regarded teaching approach. With it you feel in control and students learn to think for themselves, raise their level of understanding, and are prepared to function in a society filled with temptation, decisions and consequences. The result is a cohesive classroom where students enjoy learning, and discipline is reduced. Used text \$8 on Amazon.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: ED442W, ED542W 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

ORGANIZATIONAL TEACHING SKILLS

Throughout each day, educators are expected to balance academic demands with the personal aspects of each child. The purpose of this course is to help educators to become more organized in their preparation time and in their teaching style. You will also come to understand better how you can encourage and teach a disorganized student while you facilitate their development of organizational skills. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED429W, ED529W 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

✉ ORGANIZING FROM THE INSIDE OUT

Learn about your personal organizational style and how to reach your goals. Three effective strategies help you organize your desk, your classroom, your filing cabinet and even your workspaces at home. You will use online resources so you can work smarter, not harder. You will also learn how to help disorganized students and families. Text is *Organization from the Inside Out*, available at Amazon for about \$11 new and \$3 used

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED446H, ED546H 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

✉ SCHOOL VIOLENCE

Anger management strategies are important topics in schools. We regularly hear how dangerous our society and our youth population are. Focus on ways of handling violence without getting involved in power struggles. Learn specific strategies, practical ideas, and key interventions for violence reduction with an emphasis on safety. Resources and K-12 curriculum provided. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: SS406M, SS506M 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

✉ SETTING LIMITS: A Love & Logic Approach To Classroom Management

Obstacles facing today's K-12 teachers are enormous. This class teaches you alternatives to leave you feeling uplifted and successful. Take control of your classroom as you eliminate power struggles and handle disruptions quickly. You will learn to establish a climate of cooperation and respect using natural and logical consequences. Includes proactive conduct, focused parent conferences and more. Used text \$11 from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: ED444o, ED544o 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

✉ SOCIAL SKILLS: A Foundation For Learning

Poor social skills are the leading reason people lose jobs, according to Labor and Industry research. While educators know the importance of social skills, schools do not provide adequate training. Gain valuable strategies for teaching social skills and self-esteem without sacrificing content time, and obtain specific K-12 curriculum. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: SS401V, SS501V 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

Counseling & Special Ed

✉ AD/HD: Success Strategies For The Impulsive Learner

K-12 Teachers, administrators and counselors with growing numbers of AD/HD students will appreciate Eric Jensen's remarkable book, *A New View of AD/HD*. The text offers practical insight for getting the best out of students with AD/HD resulting in productive and rewarding learning relationships. You will learn specific instructional techniques using a commonsense approach that includes concise workable action steps. A must for all classroom teachers. Text \$11 used on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED440V, ED540V 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

✉ AUTISM: Questions & Answers

PreK-12 educators will learn about Autism along with proven interventions. You will also gain a greater medical understanding of the characteristics of Autism and other special needs qualities and the causes. In addition you will focus on learning models to assist these students. Whether you are an educator, a parent, a relative, or simply someone wanting more understanding about this complex and confusing disorder, this course offers a solid foundational approach. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED445Y, ED545Y 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

✉ AUTISM PUZZLE

If you have students with one of the Autism Spectrum Disorders (ASD), and you don't know what they're thinking or feeling, your days will be difficult — and theirs will be too. This course is an essential introduction to this puzzling disorder and covers potential causes, diagnosis, types of ASD, explanation of behavior patterns, strategies and resources for educators. Text is approx. \$15 on Amazon.

INSTRUCTOR: Lori Gibson, M.A.
COURSE NO: ED436U, ED536U 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

✉ BOYS IN TROUBLE: Strategies For Educators

Our boys are struggling. They are academically disengaged and facing social challenges alone. We will look at the troubling symptoms boys are presenting, and then pull back the curtain on their inner lives. We will also look at the cultural expectations they are under, cultivate a new understanding of "boy world" and explore what educators can do to turn the tide. The text by the acclaimed author of *Queen Bees and Wannabes* is \$15 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.
COURSE NO: ED452Y, ED552Y 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

BULLYING BEHAVIORS: Enough Is Enough

Develop proactive strategies to minimize and prevent K-12 students' bullying and teasing behaviors. We will discuss victims, rescuers, bystanders, and bullies and how they are intertwined in life. Empowering of victims, strategies for bystanders, alternative approaches for rescuers, and redirection in behaviors for bullies will be shared with all participants. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED437Q, ED537Q 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

CHALLENGING COLLEAGUES: Bringing Out The Best In People At Their Worst

Learn powerful communication skills and successful strategies for working with challenging colleagues. Learn the 10 specific behaviors and underlying causes of people at their worst and how to bring out their best. You will uncover insights about yourself and your work place. For K-12 teachers, administrators and support staff. Text is \$18 from Amazon. NOTE: If you took Challenging Colleagues as a workshop you may not register for this course.

INSTRUCTOR: Jacquie Johansson, M.A.
COURSE NO: ED456T, ED556T 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

COUNSELING SKILLS FOR EDUCATORS

You don't have to be a counselor to apply some basic counseling skills. Techniques in this course are invaluable in working with a wide variety of K-12 student situations. Read and practice interview and listening skills helpful to achieving greater understanding of unmotivated, angry, withdrawn or otherwise hard to reach students. Models for increasing student communication will be explored, including how to conduct a class meeting. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED409R, ED509R 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

"HELP ME BEHAVE" Going Beyond Traditional School Discipline Plans

Traditional discipline plans tend to frustrate chronically disruptive students and can be overkill for well-behaved kids. We need a new approach! Discover why a student is struggling with challenging behaviors so that you know how best to help them become a successful and empowered learner. For K-12 teachers and administrators. Used text \$17 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.
COURSE NO: ED450H, ED550H 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

HELPING ANXIOUS STUDENTS

It is estimated that 1 out of every 5 students in America suffers from a diagnosable anxiety disorder. Unchecked, anxiety can result in school failure, social isolation and missed opportunities. Increase your understanding of anxiety and learn how to support students, and their parents. For Pre-K through grade12 teachers, administrators, support staff and parents. The text \$8 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.
COURSE NO: ED453i, ED553i 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

HIGH MAINTENANCE BEHAVIORS & INTERACTIONS

Investigate the many aspects of high needs people and their behaviors. Gain a greater understanding of how to interact with student and adult explosive behavior, dependent behavior, poor listener behavior and more. Examine your own behavior patterns and how they inter-act with others, and learn helpful strategies to minimize problematic attitudes and their resulting actions. This course is appropriate for all K-12 educators. Workbook is free from instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: SS409F, SS509F 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

REACHING STUDENTS WHO HURT: Teaching Kids With Trauma & Loss

Some form of loss touches every life. Learn how to respond appropriately to the extraordinary challenges some students will face from divorce, death of a friend, loved one, or pet; violence; chronic illness; and more. Grief affects academic performance, emotional stability, and social interactions. This class examines grief at different developmental levels and gives you strategies to respond, communicate, and identify students at risk. For K-12 educators. Text is \$22 on Amazon.

INSTRUCTOR: Jacquie Johansson, M.A.
COURSE NO: ED456U, ED556U 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

"WHY ARE THEY PICKING ON ME?" Understanding & Responding To Social Cruelty

Social cruelty exists and persists despite anti-bullying policies. Based on Dr. Carl Pickhardt's work, this course looks at the deeper causes behind social cruelty, (including bullying), to help K-12 teachers, counselors and administrators have a more complete and nuanced understanding of why kids act this way. You will learn how to react in a more effective manner and how to proactively address social cruelty with your students. \$11 for text on Amazon.

INSTRUCTOR: Lori Gibson, M.A.
COURSE NO: ED451Z, ED551Z 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WHY CHILDREN ACT OUT

Why does one K-12 student get argumentative and another becomes withdrawn? What does it mean when a child makes negative comments about assignments? This course explores the motivation of these behaviors and helps you understand their function. You will increase motivation, reduce power struggles, encourage positive relationships while evaluating various stages of behavior, development, and interventions to support change. Workbook free from instructor's website.

INSTRUCTOR: Michael Sedler, D. Min. M.S.W.
COURSE NO: ED458T, ED558T 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

Education

8 FAMILIAR FORCES FOR IMPROVING CLASSROOM CULTURE

Each of us brings to school our own beliefs about what learning is. Whether you teach Kindergarteners or Seniors, 8 Familiar Forces contribute to creating a culture of learning. Revisit Expectations, Language, Time, Modeling, Opportunities, Routines, Interactions and Environment. Let the forces guide you. Sponsor a stronger group culture of thinking today. Text \$16 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.
COURSE NO: ED459L, ED559L 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
360 CEU/Clock/PDU

10 NEW TECHNIQUES FROM TEACH LIKE A CHAMPION 2.0

Check For Understanding(CFU) – we know it's important, we all do it, and we also feel and know benefits from more practice and insight. Refresh how and when to check for understanding. Learn more about how K-12 teachers effectively use the 10 CFU techniques. Try combining them with other TLC techniques. Tap the powerful CFU synergy and take student understanding to the next level, every day. Text \$16 from Amazon.

INSTRUCTOR: Julie Bora, M.S.T.
COURSE NO: ED457T, ED557T 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

ACADEMIC & PROFESSIONAL DEVELOPMENT WORKSHOPS: 2017

Are you planning to attend at least one Academic Camp or Professional Development Workshop this year? This course is for you. It's open to teachers Nation Wide attending ANY Academic Camp or Professional Development Workshops related to your professional assignment. You can attend these sessions and earn 3 Continuing Education Quarter Credits or 30 Washington Clock Hours or Oregon PDUs. Attending more than one event during the year? Then contact the instructor.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: ED458V, ED558V 3 Quarter Cr
(2 Semester Cr)
TUITION: \$210 Credit 400 & 500 level
\$120 CEU/Clock/PDU

AWAKENING GENIUS IN THE CLASSROOM

Thomas Armstrong's *Awakening Genius* encourages a renaissance of thinking about the true meaning of children's giftedness. The book lists simple genius experiences and activities for the classroom that help counter the often damaging effects of scripted curriculum, standardized grading and testing, along with other factors that degrade the love of learning. Text is \$19 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED437A, ED537A 1 Quarter Cr
(0.6 Semester Cr)
TUITION: \$120 Credit 400 & 500 level
\$95 CEU/Clock/PDU

EFFECTIVE PRINCIPAL'S FIELDBOOK



Every principal needs to examine the issues that are central to his/her success. The course text present hands-on insights to help you become an inspirational leader in your school. You will find practical information from the authors' own experiences including research-based techniques covering topics from informal school communication networks, building lasting relationships, improving faculty meetings, keeping up with state mandates, dealing with surprises, and more. Course text is about \$20 at Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED461N, ED561N 5 Quarter Cr
(3.3 Semester Cr)
TUITION: Credit 400 & 500 level \$395
CEU/Clock/PDU \$300

ENGAGING STUDENTS OF POVERTY: Practical Strategies That Raise Achievement

Too many of our students are tuning out because of a failure to engage them. It would be easy to look at the statistics and just give up. The good news is that there are powerful solutions to boost attention, lessen behavior issues, reduce the struggle with attendance, and turn your K-12 classroom into a high performance success story. Learn strategies that work making school the best part of every student's day! Text about \$14 used on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED458Z, ED558Z 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

GAME-BASED LEARNING: For All Grades & Subjects

There are a huge variety of games to help meet student learning goals in all grades and subjects. Games engage students in authentic, real world learning. You will learn the theory and research behind game-based learning (GBL), and will review many games in selecting ones appropriate to your professional situation, along with rubrics to assess student learning. Text costs vary with your selection.

INSTRUCTOR: Patrizia Marrero, M.A.
COURSE NO: ED448C, ED548C 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HELPING STUDENTS MOTIVATE THEMSELVES

Find a dozen strategies to energize students in big ways. Learn how to motivate students, to help them see the importance of personal responsibility, and teach them to deal with disruptive students and classes. You will find ways to maximize the success of a lesson and integrate tech. Each section of the course provides stimulating and down to earth tools that save you hours. Text used \$26 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED448F, ED548F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HOW TO TEACH SO STUDENTS REMEMBER

Marilee Sprenger's book, *How to Teach So Students Remember*, is top-rated and inspiring. A "how-to" guide, it shows the seven important strategies, and supporting research, to give students the best possible chance to make meaning and to remember what's academically important. Text is about \$18 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED430F, ED530F 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$175 Credit 400 & 500 level
\$130 CEU/Clock/PDU

INSPIRATIONAL EDUCATION

Children accomplish at a higher rates and with greater effectiveness when they are excited about learning. This course will investigate strategies to increase enthusiasm in students. You will read and view inspiring stories of success within the classroom and community. Specific interventions and ideas will be presented that allow each individual to match his/her personality with engagement approaches. Participants will come away with a bank of strategies, activities and ideas to activate students and their learning. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED452F, ED552F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

LOVE & LOGIC FOR PARENTS & TEACHERS: Raising Responsible Kids

Create effective partnerships with parents around the Love & Logic philosophy and strategies. This course for all teachers, K-12, promotes a common vision for expectations and accountability both at home and in school. This course will help you, the teacher, and the parent create confident, self-motivated, and responsible children and students. The text can be purchased from Amazon for around \$15.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED448J, ED548J 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

MAKING EVERY MINUTE



Making the most of classroom time means you can assign K-12 students videos, readings and lectures for completion outside of class. You then use instruction time to guide students in applying their knowledge. This allows them to complete the sit and get learning outside of class. Based on standards there is no single correct model for flipping. Flip your classroom with another teacher to maximize effectiveness of your personalized classroom instruction. Text about \$15 from Amazon.

INSTRUCTOR: Charity Staudenraus, M.A.T.

COURSE NO: ED461s, Ed561s 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

MINDSET: The New Psychology Of Success

Change your mind, change your life describes the powerful work of Carol Dweck. Students with a fixed mindset are less likely to flourish in the classroom. Explore the concept of Fixed versus Growth Mindsets and learn how hard work, good strategies, modeling and your own mindset techniques can be developed. Transform your K-12 students by giving them a renewed passion for learning. Text \$10 used on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED448K, ED548K 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

NO CHILD LEFT INSIDE: Lesson Ideas For Your Community

Extend student learning beyond those classroom walls! Discover dozens of ways to use your school building, school grounds, local neighborhood and community to enhance your curriculum in the areas of math, art, science, language arts, history and geography. Through a series of activities, which include exploration of local neighborhoods, parks and museums, you will develop meaningful lessons that your K-12 students will really enjoy. \$20 materials fee due after registration.

INSTRUCTORS: Peter Chausse, B.S.

Christopher Naze, M.Ed.

COURSE NO: ED438R, ED538R 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 Level
\$180 CEU/Clock/PDU

MINDSETS IN THE CLASSROOM: Increase Student Achievement

Why do some children succeed while others fail? Mindsets in the Classroom will provide educators ideas for building a growth mindset culture based on how the brain learns, mindset, differentiation, and critical thinking. You will learn how to challenge students to change their thinking about their potential and ability. This course was created to provide step-by-step guidance for K-12 teachers using the growth mindset culture in their classrooms by communicating to every student they can succeed. Text about \$14 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED459Q, ED559Q 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

NURTURING COMPASSION WITHIN OUR SCHOOLS

Help children move from complacency to compassion and social responsibility in their interactions with people. Too often, children miss opportunities to support, encourage, and help others. Through literature, hands-on activities and discussion topics we will emphasize acts of kindness, increasing sensitivity to others, and phrases and actions that lead toward compassion. This class filled with interventions for your K-12 school. Workbook is free from instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: ED434Y, ED534Y 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

POVERTY & THE BRAIN: Creating Emotional, Physical & Academic Success

Chronic exposure to poverty can result in dramatic changes to the brain. How can we help all children of poverty learn? This course will focus on what matters most, brains can and do change every day. The coursework will provide a practical and enriching guide for improving the minds and lives of all students whether they live in poverty or not. Learn how every K-12 educator can improve the potential of every student. Text about \$21 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED444U, ED544U 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

READING SUCCESS FOR ALL STUDENTS

Guarantee K-3rd grade reading success through a positive literacy environment of phonics, homework packets, assessment, parents as partners, emergent writing, word families, word walls, and literacy centers. Incorporate new instructional approaches to increase student achievement. Activities and materials are teacher developed and tested. For classroom teachers, resource teachers, bilingual and ESL teachers. \$40 for materials is due to instructor after registration.

INSTRUCTORS: Debbie Burns, M.Ed.
Cindy Beatty, B.A.
COURSE NO: ED420Z, ED520Z 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

REASONS STUDENTS DON'T LIKE SCHOOL: Mind & Your Classroom

It is stressful to deal with students of all ages who hate going to school; however, new research paves the way for all K-12 educators to benefit from understanding the biological and cognitive explanation of why many students don't like school. Surprising findings confirms that all brains are malleable, IQ is not fixed, and you cannot develop thinking skills without facts. You will learn the nine principles for engaging the mind. Used text \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED448L, ED548L 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

RENEWING OURSELVES & OUR TEACHING

Our best teaching comes from being who we are. When we bring our passions and creativity into what we do, we create an authentic, heart-centered relationship with our work that is easy to maintain. This course will help you reflect on your own teaching journey and those of other teachers. You will keep a weekly journal. You will take time to reflect and wonder again how to make inspiration come alive in your teaching. You will select and view 4 inspirational films. Used text \$5 on Amazon.

INSTRUCTORS: Mary Ann Johnson, M.Ed.
COURSE NO: ED447G, ED547G 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

SO EACH MAY LEARN: Integrating Learning Styles & Multiple Intelligences

Based on the book *So Each May Learn* by Harvey Silver, Richard Strong and Matthew Perini. With a commitment to effectiveness, practicality, fairness and fun for you and your students, the authors of this great book blend learning styles and multiple intelligences so that you can best meet the needs of individual students. \$2 for used text on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED430J, ED530J 1 Quarter Cr
(0.66 Semester Cr)
TUITION: \$120 Credit 400 & 500 level
\$ 95 CEU/Clock/PDU

TEACH LIKE A CHAMPION: Field Notes From The Masters

Transform your K-12 teaching with winning techniques of master teachers. Our text comes complete with a show and tell DVD. Are you a teacher who wants to improve your craft? Then this course will give you the tools to do it. These powerful, below the radar techniques from the masters will separate you from the pack and help transform lives. Used text \$16 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.
COURSE NO: ED444V, ED544V 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

TOTALLY POSITIVE TEACHING

What distinguishes the great teacher from the struggling teacher? Joseph Ciaccio has developed a list of five ways the great teacher lives a positive and effective life in the classroom. Our methods-oriented text shows the power we all have to deal effectively with ineffective results, classroom meltdowns and boredom. Meet both student and teacher needs simultaneously. Text \$16 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED437E, ED537E 2 Quarter Cr
(1.33 Semester Cr)
TUITION: \$175 Credit 400 & 500 level
\$130 CEU/Clock/PDU

WHEN TEACHING GETS TOUGH: Smart Ways To Reclaim Your Game

As a teacher, do you ever feel overwhelmed? Burned-out? If so, this course is just what you need. You will learn practical strategies to make things better right away. The text, *When Teaching Gets Tough*, offers examples for addressing a plethora of difficult situations. Soon you will be back on top of your game, feeling re-energized and positive about your teaching. This course is appropriate for all grades K-12. The text is available from Amazon for about \$4.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: ED461A, ED561A 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WHY WILLPOWER MATTERS: Improve Health, Happiness & Productivity

Why Willpower Matters provides research supported strategies on how to achieve goals from the apathetic student in your classroom to your own goals for eating healthy or maintaining weight. The emphasis is on providing tools to alter habits forever. You can teach willpower as a skill. There is a neuroscience behind willpower that you can learn and teach. With practical activities and exciting reading, your K-2 classroom will make connections enhancing quality of life. Text is \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED449A, ED549A 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

WORKING WITH PRESSURED PARENTS & STRESSED OUT STUDENTS

Students and their parents look differently today than 20 years ago. The world is a pressure cooker for both. Parents want what is best for their children, which leads to near constant anxiety regarding whether their child is competitive enough. This class will help K-12 educators understand and respond to the extraordinary challenges that students face. You will learn strategies to help you understand and work more effectively with stressed out students and their pressured parents. Text about \$22 on Amazon.

INSTRUCTOR: Jacquie Johansson, M.A.
COURSE NO: ED459E, ED559E 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WORLD OF GIRLS

By the time they enter middle school, many girls are staggering under the pressure of more than just weighty backpacks. They face jam-packed schedules, hours of homework, demanding social lives, and far too little sleep. For this generation of girls the process of maturing into successful women has become far too intense. Lets meet the new K-12 girl of today, learn to understand her struggles and then help her become successful both inside and outside of the classroom. Text about \$21 on Amazon.

INSTRUCTOR: Jacquie Johansson, M.A.
COURSE NO: ED459F, ED559F 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

THE WORLD WE WANT: Self Design Courses For K-12 Teachers

Passionate about serving the human and earth community? Want to make a difference? You can earn hours or continuing education quarter credit doing what you care about. This simple, flexible online program supports K-12 teacher involvement in activities ranging from cultural exchange, eco-literacy, climate change, sense of place, community service, social justice, school gardens, yoga and mindfulness in the classroom, and more. Earn 10-50 hours or 1-5 Antioch Continuing Education quarter credits.

INSTRUCTOR: Ann Amberg, M.C.S.

COURSE NO:	CREDIT TUITION	HOURS TUITION	QTR. CR.
ED442P, ED542P	\$120	\$95	1
ED442Q, ED542Q	\$175	\$130	2
ED442R, ED542R	\$265	\$180	3
ED442S, ED542S	\$335	\$250	4
ED442T, ED542T	\$395	\$300	5

ESL/ELL

✉ ADVOCACY & EQUITY FOR ELL STUDENTS

Educators of English language learners (ELLs) are important advocates for their students. Whether you are a regular classroom teacher with ELL students or an ELL specialist, you understand the needs of second language learners and can help create a school environment that supports their academic and social success. This course offers concise strategies for becoming an ELL advocate. Appropriate for K-12 teachers, para-educators, counselors, and other support personnel. Text about \$29 from Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.
COURSE NO: ED459G, ED559G 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

✉ AUTHENTIC ASSESSMENT FOR ELL STUDENTS

Do you have a linguistically diverse classroom? If so, then learn how to confidently document and assess the progress of your English second-language learners (ESL). As our schools and classrooms become more linguistically diverse, teachers will benefit from knowing what assessment methods are most accurate and useful for student progress and success. This K-12 course offers assessment tools and suggestions to help both students and teachers identify key areas of focus. Text about \$25 from Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.
COURSE NO: ED459i, ED559i 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

📖 MEETING THE NEEDS OF SECOND LANGUAGE LEARNERS

In six readable chapters Judith Lessow Hurley spells out the “best practices” educators need to work successfully with ELL or ESL students. The impact of national, state and local requirements is covered, making the most of the realities teachers face. Text is \$9 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED433E, ED533E 1 Quarter Cr
(0.66 Semester Cr)
TUITION: \$120 Credit 400 & 500 level
\$ 95 CEU/Clock/PDU

Health, PE & Coaching

📖 BASKETBALL: Principles For Developing Today's Student Athlete

You will examine 3 areas of basketball fundamentals: program philosophy, motivation, and leadership as it relates to the overall development of today's student/ athlete and community. These fundamental areas will be studied through online articles, videos, and books from insightful and successful American coaches. Designed for K-12 coaches and teachers, this course is open to non-teaching coaches, at any level. No additional fee.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: PE400Q, PE500Q 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

✉ BURNOUT: Detecting & Preventing

Learn to identify the signs of stress leading to K-12 teacher burnout. And learn how to deal effectively with your stressors before they become overwhelming. You will benefit greatly from reading other teachers' stories in our texts *Stories of the Courage to Teach*, and *The Teacher's Ultimate Stress Mastery Guide* full of helpful strategies. Both texts \$27 used on Amazon.

INSTRUCTOR: Larry Rzezniak, M.S.
COURSE NO: ED443N, ED543N 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

✉ DRUG EDUCATION FOR TODAY'S TEACHER

Address the problem of drugs in your school and community. All K-12 teachers, counselors, nurses, and administrators will benefit from this course. You will explore the vast amount of online and community resources available. You will learn to identify the warning signs and symptoms, the facts and myths, slang terms, current trends and prevention techniques. Internet access is required. Used text \$5 on Amazon.

INSTRUCTOR: Brian Long, M.S.
COURSE NO: HE402S, HE502S 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

📖 FOOTBALL: Principles For Developing Today's Student Athlete

For many students, education goes beyond the classroom and the traditional school day and extends into the world of sports. Sports teach life skills such as leadership and teamwork. We will examine 3 fundamental areas of football: program philosophy, motivation, and leadership. You will study these online from insightful and successful American coaches. Designed for K-12 coaches and teachers, this course is open to all nonteaching coaches at any level. No additional fees, all reading is online.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: PE400P, PE500P 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WWW.HOL.EDU for course descriptions & to register
Enter the course number (e.g. ED437R) in the Search Box on our home page.

EXERCISE & THE BRAIN FOR PEAK PERFORMANCE

Did you know you can lift your mood, fight aging, increase your memory, sharpen your cognitive abilities, beat stress, and function better by exercising? The evidence is incontrovertible: Aerobic exercise can physically remodel your brain. Our text, SPARK, presents startling research proving that exercise truly defends against ADD, depression, and aggression. This course is appropriate for teachers K-12. Text \$13 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: HE402F, HE502F 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

HAPPINESS DIET: Energize Your Brain & Body

It is all too apparent that our American Diet is expanding our waistlines and making us sick; what's less obvious is that our brains are starving and shrinking. Experts are now connecting the dots and emerging neuroscience and nutrition research show that a healthy diet can and does improve mental and emotional wellbeing. Find out why K-12 teachers are cheering for this course and the change it has created in their own lives. Used text \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED449G, ED549G 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HEALTH CURRICULUMS FOR K-12 EDUCATORS

Explore a wide range of health subjects and curriculums that apply to your K-12 classroom. We will cover physical, mental, emotional, and social dimensions of health. Learn more about First Aid, Bullying, Emotional Health, Sex Education and Goal Setting for a healthy life. Videos and web sites show how to motivate, improve health, prevent disease and reduce health related risk behaviors. No additional fee.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: HE402o, HE502o 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HEALTHY LIVING NOW: Restore Your Health & Well Being

In your text, Go Wild, Dr. Ratey reveals that civilization has rapidly evolved but our bodies have not kept pace. Healthy Living Now will help you learn how to unleash energy for full health benefits. You will investigate healthy living now through diet, exercise, sleep, reduced stress, mindfulness and more. Practical, disarming, loaded with research, this course will literally ignite and inspire you and your K-12 students to change. Text about \$13 at Amazon.

INSTRUCTOR: Brenda McKinney, M.A.
COURSE NO: ED459J, ED559J 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

MENTAL HEALTH ISSUES & STUDENTS

Understand and deal more effectively with a range of K-12 student disorders, such as Oppositional Defiant Disorder, Conduct Disorder, Anxiety Disorder, AD/HD, Obsessive Compulsive Disorder, Attachment Disorders, and Self Injurious Behaviors. You will learn signs and recognition aspects as well as effective strategies for helping children to be successful at school. For educators, counselors and school personnel. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: HE402N, HE502N 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

SPORTS CAMPS: 2017

Are you planning to attend at least one Sports Camp this year? If so this course is for you. It is open to coaches Nation Wide attending ANY Sports Camp. Sports camps are available for your particular sport and athlete program. Often times these Sports Camps have Professional and/or College coaches lecturing. You can attend and earn 3 continuing education quarter credits or 30 clock hours, PDUs or CEUs. Attending more than one camp during the year? Then contact the instructor directly.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: PE403J, PE503J 3 Quarter Cr
(2 Semester Cr)
TUITION: \$210 Credit 400 & 500 level
\$120 CEU/Clock/PDU

SPORTS CLINICS: 2017

This course is open to coaches Nation Wide attending ANY Sports Clinic. Sports Clinics are available that focus on a variety of aspects related to your particular sport and athlete program. Often times these Sports Clinics have Professional and/or College coaches lecturing. You can attend and earn 3 continuing education quarter credits or 30 clock hours, PDUs or CEUs. Attending more than one clinic during the year? Contact the instructor directly.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: PE403N, PE503N 3 Quarter Cr
(2 Semester Cr)
TUITION: \$210 Credit 400 & 500 level
\$120 CEU/Clock/PDU

STANDARDS BASED PHYSICAL EDUCATION

Did you realize that you can design a standards based PE curriculum? During this course you will do that and more. You will also explore assessments and the importance of documenting how PE students progress toward achieving the standards. Learn how to provide all your K-12 students with meaningful opportunities to achieve their learning goals while being challenged and motivated. Used text \$46 on Amazon.

INSTRUCTOR: Kim Carter, M.Ed.
COURSE NO: PE401X, PE501X 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

STRESS REDUCTION IN STAFF & STUDENTS

This course addresses the vital topic today of childhood and adult stress. You will learn strategies to help K-12 students appropriately direct their stress, through coping skills, into positive avenues. Peer relations, chaotic family structures, generalized feelings of anxiety, failure and negative thought processes, as well as many other topics will be covered. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.
COURSE NO: HE401M, HE501M 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

SUGAR HIGH: Glycemic Index & Health

It's a fact: after 50 years of low caloric eating, obesity levels still are rising but do you know why? Uncover the secret in this informative multimedia course. Learn how to integrate key weight lowering concepts, menus and more into your grades 3-12 curriculum. Losing weight does not mean eating less and exercising more but eating better in the lunchroom and at home. Text is \$12 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.
COURSE NO: ED456D, ED556D 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

History & Social Studies

COLONIAL & REVOLUTIONARY AMERICA: Film, Literature & Classroom Resource

Use film to bring alive K-12 early American history as never before. Extensive use of film, as well as traditional literature will enhance your American Colonial and Revolutionary period curriculum. This course explores 8 films and 2 books, in the development of teaching units to enhance your students' understanding and appreciation of these important periods.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: HI407F, HI507F 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

DISCOVER YOUR HERITAGE

We are all immigrants. Whatever our ethnic, cultural, racial, and religious backgrounds with each passing generation, our connection to these ancestral roots diminishes. It is important to be familiar and sensitive to other cultures. Developing an appreciation for your own heritage provides a solid foundation for this. Use your students' ancestry to celebrate relationships with other countries. You will explore your own ancestry then develop an integrated heritage unit for your elementary classroom. Text is a free download.

INSTRUCTOR: Eva Varga, M.A.
COURSE NO: ED448E, ED548E 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

FROM LOCAL TO GLOBAL: Human Rights For All

Develop valuable lessons for your K-12 students around human rights issues. Using a framework of equity, social justice and the human rights of children you can meet standards while engaging students in critical inquiry relevant to issues affecting their lives. In addition, a review of related literature, websites and videos will help engage your students in thoughtful inquiry regarding their lessons and activities. A service learning project will culminate the course. Free downloads. Text about \$8 at Amazon.

INSTRUCTOR: Wendi Fein, M.A.
COURSE NO: ED459A, ED559A 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

GOOGLE EARTH BASICS

Expand K-12 students' global awareness with Google Earth! The free program features captivating and astonishing high-resolution satellite imagery of the entire Earth. Explore major river deltas; research climate change, endangered species, land use patterns; study Mars, Moon, ocean floors, and galaxies! In this introductory course you will learn navigational basics and how to customize Google Earth for use in your K-12 history, geography, math, social studies, and earth science lessons. No additional fee.

INSTRUCTORS: Glenn Monahan, B.S.
Nancy Schultz, M.Ed.
COURSE NO: SC415E, SC515E 2 Quarter Cr
(1.33 Semester Cr)
TUITION: \$175 Credit 400 & 500 level
\$130 CEU/Clock/PDU

GUNS, GERMS & STEEL: Roots of Global Inequality

How did the world become so unequal with some societies developing more quickly? Help your students gain an understanding of these big questions. Learn how geography and natural resources enabled some countries to advance technologically. Using the PBS documentary film and website, teachers of grade 6-12 history, geography and world studies classrooms will begin to understand. Access to the film is required.

INSTRUCTOR: Wendi Fein, M.A.
COURSE NO: HI406X, HI506X 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

HEROES EVERY KID SHOULD MEET

What defines a hero? Can anyone be a hero? It is important to connect heroism with our lives by asking these questions. Heroes inspire us. We cultivate our values and behaviors through their example. You and your students will be motivated by the lives of the heroes you delve into. You will learn about heroes from all walks of life, such as George Washington, Rosa Parks, and more. Appropriate for K-12 teachers. Online streaming video/VHS or DVD player required. Reading is free online.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: ED456A, ED556A 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HISTORY OF AMERICAN SPORTS: Film, Literature & Classroom Resources

This is an interactive, kid-friendly approach to American sports. It will motivate you and your students to explore the development of sports in American history. This course provides students with insights that will allow them to develop new perspectives on American history. You will explore how women, minorities, ethnic and religious groups, and historical events have influenced the U.S. sporting culture. Text fee varies with choice of books.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: ED456F, ED556F 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

HISTORY OF ROCK & ROLL: From Bop To Hip-Hop

Rock your classroom awake by exploring “blasts into the past” from the 50’s, the early 60’s with the British Invasion, the Height Ashbury/San Francisco period, the Vietnam era with its songs of protest, to the Popin’ 80’s and on through Punk, Metal bands, Rap, Hip/Hop, and into today’s genre-bending music. Our text and DVD series provide a musical tour of American & world history through music. Text free at libraries or \$37 at Amazon. Plus DVD rentals or Netflix fee.

INSTRUCTOR: Debbie Supplitt, M.Ed.
COURSE NO: MU401C, MU501C 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

JAZZ: Its Origins & Eras

Explore the history of jazz, a truly American music, its eras and genres along with its reflection of the times for your K-12 classroom. Read about and listen to the early music of youthful America that enriched the unique spirit of each region. You will hear sound clips and watch videos on websites, including You-Tube, iTunes.com, and Amazon. com. Open the minds of your students to Bebop, Cool Jazz, and more. Reading is online.

INSTRUCTOR: Sherry Bozorth, M.A.I.S.
COURSE NO: MU401E, MU501E 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

MUSICALS & AMERICAN HISTORY

Experience American history through musicals. Explore the historical events, politics, music, fashion, language, slang, and social mores from seven different time periods. You will choose one overview DVD and seven musical DVDs and make an ongoing outline, lists, and comparisons, along with the development of a plan for implementation. Reading online. No materials fee.

INSTRUCTOR: Sherry Bozorth, M.A.I.S.
COURSE NO: SS415K, SS515K 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

WORLD WAR II in FILM & LITERATURE

Make your Language Arts and Social Studies units on 20th century history and WW II come alive. How? By integrating some of the films and period literature of this epic period in American and world history. Short readings and films will be of your own choosing. Appropriate for grades K-12. Fees for video rental depend on source.

INSTRUCTOR: Eric Low, M.A.
COURSE NO: HI407C, HI507C 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

Language Arts

EDITING MADE EASY: Strategies For All Writers

Everyday Editing by Jeff Anderson will turn your grade 3-12 students’ groans into smiles. You will build on student strengths to improve writing instead of just targeting errors. Literature and well-written sentences will show students how to craft sentences. Find easy, fun ways to make editing part of writing time. Each chapter has ideas for immediate use. Used text \$14 at Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.
COURSE NO: ED443T, ED543T 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

ONLINE INTERACTIVE READING

Discover Actively Learn, an online reading platform for teachers, and empower your K-12 students to read assignments online. AL provides access to a catalog of all subjects while you embed assignment questions, notes and responses. Engaged students will complete their assignments in Math, Science, History, Social Studies and ELA classes to enhance students learning. Contact the instructor for course modifications if you are using a difference online Reading program. All materials free online.

INSTRUCTOR: Charity Staudenraus, M.A.T.
COURSE NO: CM402R, CM502R 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

POETRY OF ROCK: 1960s To Present

Expand your language arts, music or history curriculum for your grade 4-12 classroom. This course explores rock lyrics over five decades, from the 1960s to the present day. Recognize how song lyrics reflect current events of their period. Use visual arts, prose, Haiku poetry, and more to interpret song lyrics. Get ideas for lesson plans. No additional fee. All reading is online.

INSTRUCTOR: Sherry Bozorth, M.A.I.S.
COURSE NO: ED446T, ED546T 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WWW.HOL.EDU for course descriptions & to register

Enter the course number (e.g. ED437R) in the Search Box on our home page.

WRITING WITH KIDS: Real Writing With Real Results

Inspire great writing from your students using writing workshop tools. Teach techniques that provide structure, content, and increased confidence in your own and in student writing projects. Become a mentor for your students and model the writing process as you explore fiction, memoir, essay, and poetry writing with them. This comprehensive course will help give you the excitement you have longed for in your writing teaching. Appropriate for teachers of grades K-12. Text is about \$5.

INSTRUCTOR: Deb Lund, M.A.
COURSE NO: ED450K, ED550K 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

Math & Science

HANDS-ON MATH: Real World Applications

"When are we ever gonna use this?" is often asked by math students. By offering hands-on application-based math activities, your students will learn the connection between what is being taught and life in the real-world. This course is for anyone — from HS math teachers to middle-level and elementary teachers who do it all — your K-12 students will be able to answer their own why and when questions. Select the text most appropriate for K-8 or 9-12. Texts \$25 on Amazon.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: ED4580, ED5580 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

MAKING SCIENCE FUN: K-8 Hands-on Science Experiments

Open your students' minds to the amazing world of science all around them. This practical course focuses on fun activities to teach students about themselves, their environment, and how the two relate. Activities include: making rock salt ice cream (changes of state, freezing points), effects of the environment on plant growth, and using Legos to demonstrate survival of the most fit. Text fee varies with bookseller.

INSTRUCTOR: Larry Rzezniak, M.S.
COURSE NO: SC415B, SC515B 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

MATHEMATICAL MINDSETS: Every Student Can Do Math

Create a mathematics classroom where students no longer fear math or believe they are not good at math. The text by Jo Boaler, a Stanford University professor with research-based and field-tested strategies, will help you create a math classroom where your students experience mathematics through a positive growth mindset method. Videos and website readings complement the text. You will create mathematical tasks, assessments, and feedback that encourage K-12 student mastery of mathematical ideas and concepts. Text is about \$14 from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: MA400o, MA500o 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

MORE REAL WORLD MATH

Math is a fundamental component of our modern world and can be taught using real world problems. This online course takes advantage of Internet resources. By assessing web resources we will begin a portfolio of online and offline projects to teach math in your specific classroom. You will obtain a vast array of ideas many that can be integrated into any K-12 classroom. Reading is online.

INSTRUCTOR: Wendi Fein, M.A.
COURSE NO: MA400G, MA500G 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

NATURE JOURNALING IN THE CLASSROOM

Nature journaling incorporates observation, writing, drawing and documentation. Using photographs or audio recordings you will learn about and appreciate more deeply the natural world around us. Elementary teachers, secondary science and art teachers can use this wonderful tool to engage authentic student learning as you integrate nature journaling and the texts, which you will be happy to own. Used texts \$12 on Amazon.

INSTRUCTOR: Eva Varga, M.A.
COURSE NO: ED447N, ED547N 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

ONLINE MATH TUTORIALS: Khan Academy & More

Supplement your in-class math instruction and homework with an amazing diversity of online math tutorials. Many educational websites are now aligned with the Common Core standards in math. Math tutorials are available for addition, multiplication, calculus and beyond. Broken down into bite-sized mini-lessons these tutorials address specific concepts and skills. Reading and lesson samples online will culminate in your review, implementation and evaluation of mini-lessons. No additional fees.

INSTRUCTOR: Wendi Fein, M.A.
COURSE NO: ED451B, ED551B 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

PRESCHOOL MATHEMATICS

In this exciting preschool math course, you will learn how to teach activity centered, basic math concepts that meet national standards for early childhood students. Your students will find that math is fun through engaging activities in the areas of numbers and operations, algebra, geometry, measurement, and data analysis and probability. You will walk away with classroom tools and resources that will keep your students engaged. Text, *More Than Counting: Preschool and Kindergarten*, by Sally Moomaw at Amazon for approximately \$11.

INSTRUCTOR: Kelly Lickteig, M.A.
COURSE NO: MA400N, MA500N 5 Quarter Cr
(3.3 Semester Cr)
TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

SUSTAINABILITY FOR YOUR CLASSROOM

Discover dozens of ways to involve your students in fun environmentally sustainable, earth-friendly projects. Learn how to create native plant gardens, water and energy conservation programs, recycling and composting stations and functional, earth-friendly eco-roofs. In addition, low energy transportation options will be discussed along with community-based art projects to beautify your school and your neighborhoods. No additional fees. All course materials are free online.

INSTRUCTORS: Peter Chausse, B.S.
Christopher Naze, M.Ed.
COURSE NO: SC415Z, SC515Z 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

TEACHING NUMERACY:

Habits To Ignite Math Thinking

Many students lack basic numeracy, which is the ability to think through math problems logically, solve those problems, and apply math outside the classroom. Learn 9 critical thinking habits that foster numeracy and practical ways to incorporate them into your K-12 math teaching. The text supports Common Core Standards, National Council of Teachers of Mathematics Standards, and numerous successful literacy practices. No more students arriving at wrong answers without knowing why! Text about \$20 used from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.
COURSE NO: ED458N, ED558N 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

TREES: Inside & Out

Trees provide an avenue to scientific methods of observation, classification, notation and drawing. Tree study can also be integrated with K-12 writing, math, art and social studies activities. Learn to identify local trees and discover intriguing and meaningful lessons for inside and outside the classroom. Field trip opportunities, guest speakers and community involvement projects will also be discussed. \$35 due to instructor after registration.

INSTRUCTORS: Peter Chausse, B.S.
Christopher Naze, M.Ed.
COURSE NO: SC406Z, SC506Z 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

USING MATH JOURNALS TO ENHANCE STUDENT LEARNING

Many students experience math as only a set of rules and procedures memorized and repeated on tests, then forgotten. Writing in math journals allows students to see that doing math is more than getting the right answer. Daily journals, learning logs, and math stories help students think through math reasoning in their own words. We will blend research and practical approaches for meeting the NCTM and common core standards for grades K-8. You will learn how to get your students reflecting and writing about math. No additional fee.

INSTRUCTOR: Jessica Dehl, M.Ed.
COURSE NO: ED418T, ED518T 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

WONDER OF BIRDS: A Field Study

While exploring bird life in natural settings you will become familiar with their habitats and species adaptations. Techniques of collecting data and field trip procedures will help you organize your own field trips. You will practice recording data, and learn how to enter sightings onto a database website. Appropriate for K-12 science curriculum. Texts are on Amazon. \$10 workbook fee due to instructor after registration.

INSTRUCTORS: Barbara Harmon, M.S.
COURSE NO: SC415P, SC515P 3 Quarter Cr
(2 Semester Cr)
TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

Technology

BUILD YOUR WEBSITE NOW

Ready to create your own website? Now you can do it using the increasingly popular and easy to use WordPress platform. A WordPress website makes things happen. Student digital portfolios, connecting and collaborating with educators worldwide, podcasting, collecting student data, sharing videos, communicating with parents and sharing resources are all in your future. For more information, visit the course website: <http://smarturl.it/buildwebsitenow>. Text is free and downloadable.

INSTRUCTOR: Michael Boll, M.A.
COURSE NO: CM401Q, CM501Q 6 Quarter Cr
(4 Semester Cr)
TUITION: \$475 Credit 400 500 level
\$360 CEU/Clock/PDU

WWW.HOL.EDU for course descriptions & to register

Enter the course number (e.g. ED437R) in the Search Box on our home page.

DIGITAL REVOLUTION: Your Classroom & You

In 10 short years the social media revolution has rocked the world. By changing the face of societies and education it is impacting political evolution, social identity and our students' lives. Explore how media like Facebook, Twitter, Pinterest, Snapchat and more are enabling an expanded sense of identity and are altering communication. Learn of the impact on old social structures, norms and practices. Appropriate for K-12 teachers. Text fee varies with your choice. <http://smarturl.it/DRevolutionOverview>

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM402G, CM502G 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

GOOGLE APPS FOR EDUCATORS & SCHOOLS

Google has a wide range of apps that can enhance your K-12 lessons. Designed for educators and schools, these apps support teachers in collaboration and in resource sharing, provide you a bridge to parents and community, engage students and more. In addition to learning and implementing Google Apps, you will create motivational and relevant classroom activities, teacher support materials, and assessment tools. Materials are free online.

INSTRUCTORS: Brita Hill, M.Ed.
Chris Hill, M.E.T.

COURSE NO: CM401P, CM501P 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

GOOGLE CLASSROOM

Broaden your instructional tools by learning to use Google Classroom. You can create enhanced K-12 assignments, make announcements, start discussions, keep organized, boost student engagement and implement real-time communications. You will develop your own Google classroom and implement a lesson. Collaborate with colleagues too. Open to educators who have already adopted Google Apps for Education. No additional fees. All course materials are free online.

INSTRUCTOR: Charity Staudenrause, M.A.T.

COURSE NO: CM402P, CM502P 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$395 Credit 400 & 500 level
\$300 CEU/Clock/PDU

GOOGLE DRIVE ACROSS THE CURRICULUM

Teachers, administrators and other school personnel will learn how to use Google Drive, a FREE, web based Microsoft Office alternative. With Google Drive, all of your work is automatically saved online where you can access it from any computer without updating software. All you need is a Gmail account! You will create and enhance classroom lessons, activities or support materials. For professional as well as personal needs: includes word processing, spreadsheets, PowerPoint type documents, quizzes and surveys. No text fee reading is online.

INSTRUCTORS: Brita Hill, M.Ed.
Chris Hill, M.E.T.

COURSE NO: ED446K, ED546K 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

IPAD APPS FOR ALL CLASSROOMS: Pre K-12

Do you want to take your Pre K-12 iPad curriculum to the next level? In this course you will learn the basic app foundation for your digital education toolkit. You will select from Bloom's *Taxonomy*, *Gardner's Multiple Intelligences* or SMAR digital pedagogical framework to support your choices. Discover evaluative app rubrics and formative assessments for your individualized curriculum areas. Some additional equipment and download costs may apply. iPad 1 or iOS 5.1 or later required.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: CM402C, CM502C 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

IPAD REVOLUTION: 21st Century Technology In The Classroom

Discover the power of integrating iPad learning into your classroom. Explore many interactive curriculum apps to get your students engaged, motivated and eager to learn. Classroom test scores are improving and teachers are finding their classrooms to be enhanced technology based learning centers. Enter the 21st century and discover the pedagogical shift in teaching practices with today's Technology Revolution. iPad 2 or 3 with system 5 or higher is required. Downloadable reading is about \$6.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: CM401o, CM501o 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 level
\$360 CEU/Clock/PDU

SKETCH UP: 3D Design Across The Curriculum

SketchUp is easy to use, free, online 3D design program that is an engaging learning strategy. K-12 teachers will spark their students' interest in math concepts, game modeling, architecture and engineering problem solving projects. Applications are adaptable to all skill levels. You will download the program, explore various sites with sample lesson plans and develop a teaching unit for your class. All reading is online.

INSTRUCTORS: Brita Hill, M.Ed.
Chris Hill, M.E.T.

COURSE NO: CM401J, CM501J 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 level
\$180 CEU/Clock/PDU

STOP MOTION ANIMATION FOR THE CREATIVE CLASSROOM: iPad, iPhone, or Laptop

Watch the excitement build as your students let their creativity fly while developing stop motion films. Using iPads, iPhones or laptop computers they will create basic storyboard ideas with zero to low cost equipment. Working on individual projects or within a collaborative group stop motion animation integrates with every PreK-12 discipline and enhances Common Core Curriculum. This course provides step-by-step instructions and classroom resource ideas. Reading is free online.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: CM402F, CM502F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 Level
\$360 CEU/Clock/PDU

TAKING CONTROL OF YOUR DIGITAL LIFE

Overwhelmed with the sheer volume of digital communication each day? This course will help you take advantage of the storage and organization systems available that will simplify your digital life and free up your time. You will learn about personal digital assistants, getting to Inbox Zero, note-taking systems, task management systems, the power of RSS, collaboration tools and how to bring this suite of efficiency tools all together into one place. For more information, visit the course website:<http://smarturl.it/taking-controlintro>. Texts from \$6 to \$15.

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM401R, CM501R 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$395 Credit 400 & 500 Level
\$300 CEU/Clock/PDU

WEB 2.0: Powering Up With Latest Web Technology

Twitter, Delicious, WordPress, Wikis, blogging, RSS; are these terms familiar? In this course you will use them to enhance your K-12 curriculum. Join the fun as we explore how to wrap powerful web 2.0 technologies into a useable and functional system supporting you as an educator. This course will change how you view technology and will enable you to design a website and a personal learning network. To obtain more information visit the instructor's web-site: <http://smarturl.it/web2overview>

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM401K, CM501K 6 Quarter Cr
(4 Semester Cr)

TUITION: \$475 Credit 400 & 500 Level
\$360 CEU/Clock/PDU

WEBQUESTS FOR FOREIGN LANGUAGE CLASSROOMS

Imagine your students learning Spanish, French, German or another foreign language in fun, creative ways using the Internet! Improve your students' language skills through such activities as creating the ideal vacation in German, or trying to convince the International Olympic Committee where to host the next Olympic games in French. Your imagination is the limit. WebQuests allows students hands-on learning while using another language authentically. Text is about \$25 on Amazon.

INSTRUCTOR: Patrizia Marrero, M.A.

COURSE NO: ED440C, ED540C 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$395 Credit 400 & 500 Level
\$300 CEU/Clock/PDU

World Languages

HABLA ESPAÑOL: Spanish Basics for Educators Part I

Build a positive rapport with your Spanish-speaking students by mastering relevant vocabulary and phrases. This introductory course teaches important fundamentals of the Spanish language and basic skills like phone-conferencing and progress reports for effectively communicating with your Spanish-speaking students and parents. \$28 workbook and audio files fee due after registration.

INSTRUCTORS: Deborah Richter, B.A.

Isis Tabares, M.A.

COURSE NO: ED432P, ED532P 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 Level
\$180 CEU/Clock/PDU

HABLA ESPAÑOL: Spanish Basics For Educators Part II

Teachers K-12 may move to the next level in this follow-up course to Habla Español Part I. Learn relevant verbs and other grammar skills to help strengthen your communication with your Spanish-speakers. You will acquire more phone and live conferencing strategies while continuing to practice bilingual progress reports and parent-notifications. \$28 material fee due after registration

INSTRUCTORS: Deborah Richter, B.A.

Isis Tabares, M.A.

COURSE NO: ED444E, ED544E 3 Quarter Cr
(2 Semester Cr)

TUITION: \$265 Credit 400 & 500 Level
\$180 CEU/Clock/PDU

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Enter the course number (e.g. ED437R) in the Search Box on our home page.

Heritage Instructors



Ann Amberg, M.C.S., was the former Director of Special Programs at The Heritage Institute. An artist and educational consultant, Ann creates and facilitates integrative ecology curriculum. In 2012 she founded the “What Does the Universe Do?” program of applied transformational ecology. Ann is the instructor for The World We Want program and has taught for The Heritage Institute since 2007. www.annamberg.com, annamberg@whidbey.com.

Michael Boll, M.A., is an Apple Distinguished Educator, Google Certified Educator, Entrepreneur, Podcaster and Technology Coach at International School, Bangkok. Michael has a teenage son with profound autism and is keenly in the special needs community and its population of diverse learners. This interest led Michael and his wife, Lori Boll, to open an innovative school in Shanghai, Shine Academy, for their son. For more information about Michael, check out his personal website: www.michaelboll.me



Julie Bora, M.S.T., has been active in educational renewal since her youth. She continues to be a moderate and patient voice for trying on simple changes in the art of educating and learning. With instructional experience in both science and the arts, teachers have found her sincere support and friendly understanding to be a welcome nudge toward updating and improving the techniques, protocols and strategies in their own professional development.

Sherry Carlson Bozorth, M.A.I.S., received a Bachelor of Science at Oregon College of Education (WOU) in 1976 in elementary and music education, and an M.A.I.S. at Oregon State University in 1983 in music education and ethnomusicology. Teaching elementary through college level music courses for over 3 decades, Sherry has been an instructor for The Heritage Institute since 1998. Her classes are creative and effective, bringing a renewal and freshness to teaching.



Debbie Burns, M.Ed., taught kindergarten, first grade, and K-1 multi-age classrooms since 1977. K-3 teachers in California, Hawaii, Oregon, Idaho, Montana, Washington state and beyond highly recommend her courses. All of Debbie’s workshops are practical and immediately useful. Her classrooms always provided a stimulating and enriching environment where each child is viewed as an able learner, and where individual differences are respected. Debbie has taught for The Heritage Institute since 1994.



Kim Carter, M.Ed., received a B.S. in Physical Education and a Masters in Curriculum and Instruction. Since 1994 she taught both elementary and middle school Health and Fitness. Kim knows the importance of creating a positive, active and creative teaching environment for her students. She is currently teaching Health and Fitness at the middle school level. Kim began teaching distance courses for The Heritage Institute in 2013.



Peter Chausse, B.S., is a veteran teacher with extensive studies of Portland’s history, art, architecture, urban parks, museums and transportation systems. A former middle and elementary school teacher Peter and his co-instructor Christopher Naze, M.Ed., provide field experiences with real life applications for students of all ages. Peter has a degree in Forestry and has taught for The Heritage Institute since 1991 leading hundreds of walking tours in Portland and the surrounding communities. www.walkportland.com



Don Dean, M.S.E.T., is a middle-school science teacher and the District Coordinator of Science in the Oakland, New Jersey School System. He holds a B.A. in Natural Science and Mathematics, a B.S. in music, and an M.S. in Educational Technology. Don is also an avid traveler and student of foreign languages and cultures and is currently active in projects in South America studying microclimates, medicinal plants, sustainable farming and rainforest preservation. He began teaching for The Heritage Institute in 2011.



Jessica Dehl, M.Ed., earned a B.A. at California Polytechnic University where she became Bilingual Cross-cultural Language & Academic Development Certified. She earned a master's degree in education with a reading endorsement at Concordia University in Oregon. The school had been involved in the reading first grant for five years where Jessica applied multiple assessment measures in both reading and math. Jessica is currently teaching 5th grade in Pleasanton, California.



Wendi Fein, M.A., spent 25 years teaching in K-12 public schools with a focus on special education, math, dance, PE, study skills and English/World Cultures. In addition, Wendi has traveled and volunteered extensively, bringing her stories and passion for human rights and equity into the classroom. Wendi holds a B.A. from the University of California, Santa Barbara and an M.A. in Special Education. Presently, she is teaching Adult Education, Developmental Math and ESL at Tacoma Community College in Tacoma Washington.

Lori Gibson, M.A., received her undergraduate degrees in Psychology and Education at Whitworth University. In 1990 she received her MA in Counseling Psychology from Gonzaga University. She has served as a guidance counselor at North Chicago Community High School in Illinois, as an elementary school counselor for Lake Washington School District in Redmond, WA and is presently a counselor for Spokane Public Schools. Lori has taught for The Heritage Institute since 2002.



Barbara Harmon, M.S., received her Master's Degree from City University in Vancouver WA in 2003. Barbara received her B.A. in 1985 from Eastern Washington University in Cheney WA. She has taught 2nd and 3rd grades in Washington State and in Idaho since 1985. A lover of wildlife and birds she began teaching The Wonder of Birds through THI in 2003 to assist educators in expanding their resources and knowledge about birds.



Brita Hill, M.Ed., received her Master of Arts in Early Childhood and Elementary Education; she also has a Special Education Endorsement from Lewis and Clark University. She spent 8 years in the classroom teaching children with special needs K-5. She also has international teaching experience. In her school district she was an active member of the Response to Intervention Building Team, Multi-Tiered Instruction team, Collaborative Learning and Data teams, the Teaching and Learning Advisory Committee, Positive Behavior Support team, and a member of the district wide report card committee. Brita is now the Director of a preschool where she leads a school of teachers and kids who are 2-5 years old.

Chris Hill, M.E.T., received his Master of Educational Technology from Boise State University and currently teaches Marketing, Leadership, and Digital Media at Lake Oswego High School. His diverse teaching experience includes teaching at The International School in Tegucigalpa, Honduras. He is one of fifty educators from across the country who was chosen to participate in the 2011 STEM Institute in Washington D.C. He is a member of the Northwest Council for Computer Education and the International Society for Technology in Education. He has served as the Technology Coordinator, Math Department Head, and Activities Director at various schools.



Jacquie Johansson, M.A., has worked as a school counselor in Spokane, WA since the early nineties. Her BA is from the University of Texas at Austin and her graduate degree is from Gonzaga University. She served on Eastern Washington University's PEAB board for six years, Critical Incident Team for 10 years, as well as on the Child Protective Team for 10 years, making long term decisions about the wellbeing of children in the Spokane community. Jacquie has been teaching workshops and distance courses through The Heritage Institute since 2002.

Mary Ann Johnson, M.Ed. Adm., has worked with students at all levels, from alternative high school to gifted classes. She was also a junior high school vice principal. Teaching with The Heritage Institute since 1994 she is a teacher emeritus who has led seminars for educators focusing on developing a quality learner environment for students and for teachers. Her continuing education distance courses for K-12 teachers are research-based and resonate with educators because of their user-friendly and energizing content.





Doug Larson, M.S., taught third grade and middle school in Dubois, Idaho and drama at New Mexico State University. He created original productions for elementary and high school. Doug is an award-winning playwright, drama coach and teacher. To learn more about Doug visit his website (www.freedrama.net) which provides free plays to schools and community groups around the world, or look him up on YouTube. In 2008 Doug launched his first Emmy Award winning film series followed in 2011 by his second, Paws and Stripes about veterans with PTSD helped by service dogs.

Kelly Lickteig, M.A., received her Master of Arts in Teaching from Willamette University. She has taught students ranging from preschool to eighth grade in both public and private schools. Upon starting a new position in the private sector, she was assigned the task of developing and managing a resource room that assisted both learning disabled and gifted students. Kelly has taught for The Heritage Institute since 2012.



Eric Low, M.A., has lived, taught and coached in Washington State since 1992. Eric has a Master's degree in history from Eastern Washington University with an emphasis in America's West and has been an active researcher of Washington State history since 1994. Eric currently teaches history at Winlock High School in western Washington State and serves as a Lead Teacher for ESD 112's Constitutional Connections American History grant, a three-year program. Eric has taught for The Heritage Institute since 2004.

Brian Long, M.A., earned his BSE in PE and his MA in health education. As a high school teacher and coach, Brian has served as a member of the Character Alliance Committee and the Drug Awareness Coalition. He has created in-service workshops and has developed intramural programs at his school. In 2008, Brian received his district's Special Performance/Achievement Recognition Award as well as NYSUT's Community Service Award in 2009. He began teaching for The Heritage Institute in 2011.



Deb Lund, M.A., is an author, creativity and writing coach. She was also a classroom and music teacher, teacher-librarian, and founding director of an arts-based school. Her master's project focused on teaching writing, and she has taught teachers, students, and writers of all ages. Deb, who writes a variety of genres, is best known for her bestselling children's books. Teaching writing was her favorite and hardest task. She is passionate about supporting literacy and those who help kids learn to read and write. Learn more about Deb at www.deblund.com.

Patrizia Marrero, M.A., was born in Sicily, Italy, where she attended school in the Italian school system. She traveled to the US and earned a B.S. in Elementary Education and Special Education with a minor in Psychology at Dowling College (NY) and an M.A. at Columbia University Teachers College in Instructional Technology and Media. She has taught ESL adult education and given workshops on youth bilingualism and FLES. She has taught World Languages since 2000. Patrizia has lead youth tours to Italy in hope of expanding their horizons and tolerance.



Brenda McKinney, M.A., is CEO of Vancouver, WA based Brain Volution. She is the developer and dynamic facilitator of workshops that teach practical thinking and learning tools for raising student achievement with the brain in mind. She has trained educators throughout the Pacific Northwest and is a popular presenter because of her ability to motivate, make things fun, and teach practical techniques for the classroom that can be used immediately. She is a popular speaker at the state, regional and national level.

Glenn Monahan, B.S., was a park ranger in Yellowstone National Park for 5 years. His degree in Geology from Montana State University led to teaching junior high earth science for 15 years. He is a member Geological Society of America and loves outdoor activities, natural and human history, mapping and remote sensing, and advocating for wild places and wildlife.





Nancy Schultz, M.Ed., lives in Bozeman, Montana in a solar powered house. For 30 years, she was an elementary school teacher and reading specialist, and also worked as a ranger in Mt Rainier National Park. She is an outdoor enthusiast who is involved in preserving our public lands heritage, and is deeply involved in advocacy for the wildlife and ecosystems of the Northern Rocky Mountains.

Both Glenn and Nancy began teaching for The Heritage Institute in 1992. They live in Bozeman, Montana in a home with a 2400-watt photovoltaic solar system, and a 1600 square foot solar hot water system.

Deborah Richter, B.A., taught beginning through advanced Spanish in the Tacoma school district for ten years. An accomplished Spanish Instructor she has taught the Spanish language since 1990. In 2006 she began La Única offering workshops and classes for teachers and community members. She holds degrees in Spanish Literature, Education, and Physical Education from Whitman College. After several summers teaching private English in Spain, she went on to teach ESL at Walla Walla High School.



Lawrence Rzeznik, M.S., received his M.S. and B.S. in Biology/Education respectively from S.U.N.Y. Geneseo. He has taught high school science since the nineties plus adjunct biology and chemistry instructor for nursing colleges. He has created curriculum for animal behavior, environmental biology, general biology, and forensics science courses. He has developed and implemented a science program specifically geared towards those with severe learning disabilities. Since 2008 Larry has taught professional development courses for educators with THI.

Mike Sedler, M.S.W., brings over 30 years of educational experience as an administrator, social worker, behavior specialist and teacher to each of his classes. He provides consultation and offers seminars throughout the United States and Canada for schools, agencies and businesses. He has a graduate degree in Social Work, a Doctoral degree in Ministry, a Counseling license, as well as his teaching certification. All of Mike's classes are practical and field-tested in schools and classrooms. Educators have found success in implementing Mike's clear and concise approaches. For a complete list of Independent Study courses offered by Michael Sedler, please check his website: www.michaelsedler.com.



Stacey Shaw, M.A., is a dynamic and inspiring instructor for both children and adults. She has experience in education since 1995 and she currently holds a Professional Teaching license in Oregon. Today Stacey teaches at the middle school level. She has taught ELL, bilingual and regular education at K-8 and college levels. She earned her Bachelor of Arts degree in Latin American Studies at The Evergreen State College and her Master of Arts degree in Education at Prescott College. She has been an Online instructor for The Heritage Institute since 2011.

Charity Staudenraus, M.A.T., received her BA and MAT from Willamette University. Charity has experience teaching math, science, social studies, business, and language courses at the middle and high school level. She is currently serving on the 2014-2017 Oregon Science Content and Assessment Panel as well as the Oregon Instructional Materials Criteria Development Committee. In addition Charity is consulting on a Rutgers University and WPI project funded through multiple Department of Education and National Science Foundation Grants.



Debora Supplitt M.Ed., has worked with students of all levels and professional educators since 1980. She is certified in Washington, Oregon and California in Pre/K-12 Special and Elementary, and Middle School Education. She is highly qualified in the core areas of Art, Music, Reading, and Special Education as well as being a Washington State trained Intervention Specialist. She knows the importance of providing a creative environment where all learners can thrive.



Eva Varga, M.A., has extensive experience in both formal and informal education settings. In 2001, she was awarded National Board Certification: Middle Childhood Generalist and during her years in the classroom received more than \$20K in grants and awards. She presently develops online science courses for homeschool students, writes a middle level secular science curriculum called Science Logic and blogs for Better Chinese. Visit her website [www.evavarga.net] to explore the many resources and educational materials she has created.

Suzanne Warner, M.S., has taught mathematics to middle school, high school and currently at the college level. Suzanne is lauded by administrators, colleagues, students and parents regarding her teaching and her classroom management skills. Her students enjoy learning in a respectful, productive environment, where each is in control of her/his own learning and behaviors. She believes that all students want to do well, and creates a teaching environment for them to succeed. Visit her website at <https://www.sites.google.com/site/warnereducation/>.



Christine Williams, M.T., brings her years of teaching experience in introducing young children to the pleasures of reading and writing and the mysteries of math to her professional development workshops for educators. Christine has a Master of Teaching with an Early Childhood Endorsement and an internationally recognized Association Montessori Internationale (AMI) Diploma. Her experience working with children spans thirty years and she currently operates Alcuin School a full-time Montessori environment

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SEATTLE

2400 Third Ave., Ste 200, Seattle, WA 98121
www.antiochseattle.edu

The Heritage Institute

Register by Mail or Online

<https://www.hol.edu/cart.cfm>

MAIL Reg. Form or FAX to: The Heritage Institute

PO Box 1273, FREELAND WA 98249

Phone: 360/341-3020 FAX: 360/341-3070

First Name _____ M.I. _____ Last Name _____

Permanent Mailing Address: City/State/Zip _____

() _____ () _____
Home Telephone _____ Daytime Telephone _____

SS# _____

E-mail Address _____

School District Name _____

Grade Level (Circle One): Pre-K K-3 4-5 6-8 9-12 _____

Position (Circle One): Teacher Admin Student Faculty Librarian Counselor/Psychologist _____

Type of Organization: Public School Private School College/University Daycare Other _____

Credential (circle one): Bachelors Masters Ph.D. Other _____

Subject Taught _____

I request registration in the courses indicated below:		TUITION
COURSENUMBER	QUARTER CREDITS	
COURSENAME		
COURSENUMBER	QUARTER CREDITS	
COURSENAME		
COURSENUMBER	QUARTER CREDITS	
COURSENAME		
COURSENUMBER	QUARTER CREDITS	
COURSENAME		

For what purpose will you use your continuing education credits? _____ TOTAL TUITION \$ _____

Recertification Salary Advancement Professional Development
 Other _____

When will you next renew your license/certification? _____ Month _____ Year

GROUP COLLABORATION:
 I am enrolling in a group.
 I have read and understand the group collaboration guidelines located on THI's website.
 List group members (maximum of 4): _____

Payment is due in full by check, credit card, P.O. or M.O. Check one:

Check # _____ Amount \$ _____ Materials fees are to be paid directly to the instructor. Do not include with tuition.
 P.O.# _____ Amount \$ _____
 M.O.# _____ Amount \$ _____ NOTE: Additional postage charges will apply to international mailings.
 Visa Mastercard _____ - _____ - _____ Exp. _____ 3-4 digit Sec. Code: _____

AGREEMENT: I have read and agree to the Policies and Credits statement of The Heritage Institute catalog and website.

Signature _____ Date _____

The Heritage Institute

INFORMATION and POLICIES

REGISTRATION • You may register online at any time: www.hol.edu or by phone 800.445.1305. Or mail a registration form to: The Heritage Institute, PO Box 1273, Freeland WA 98249 or fax to 360.341.3070.

CUSTOMER SERVICE HOURS • The Heritage Institute customer service hours are 9am-5pm PT, Mon-Thu. Call 360.341.3020

CREDIT • The Heritage Institute (THI) courses are based on Continuing Education quarter-system credits. Three (3) quarter-system credits are equal to two (2) semester-system credits. For full quarter vs. semester conversion see the equivalency table on the inside front cover page. THI Continuing Education quarter-system credits are offered at the 400 level and 500 level through Antioch University Seattle.

Antioch University Continuing Education credits are acceptable in most states toward educator re-certification and within most school districts for salary advancement. Educators should check with their district administration and/or state office of education before registering for a course. Please also review the policies page on our website: www.hol.edu for more information.

CREDIT LIMIT • There is a limit of 9 Quarter Credits each in the Fall, Winter, and Spring Quarters (equivalent to 6 semester credits). The limit is 15 Quarter Credits during the Summer Quarter. However, there is an annual limit of 25 Quarter Credits that may be taken during any one-year period.

GRADES • Antioch University Seattle Continuing Education quarter-system credit is offered on a credit/no credit basis; letter grades are not issued. At the 400 level, credit is only awarded for work of 'C' or better quality. For 500 level, credit is only awarded for work of 'B' or better quality.

CERTIFICATE OF COURSE COMPLETIONS • You may download a Certificate of Course Completions: Report.hol.edu. Enter your your email address and password. For further assistance contact THI Customer Service: customerservice@hol.edu

CEUs – CONTINUING EDUCATION UNITS • The Heritage Institute offers Continuing Education Units (CEUs). One CEU equals ten hours of completed course work. Completed CEUs appear on Certificates of Course Completion.

THI CEUs, WA CLOCK HOURS & OREGON PDU HOURS • THI CEUs, Washington Clock Hours and Oregon PDU Hours do not appear on an Antioch transcript. If you take a course for Clock Hours or Units, your completion certificate will be emailed to you. Keep a copy for your records. THI is an approved provider of Washington State Clock Hours and Oregon PDUs. We are on the Washington OSPI website listed under the name Educating for Humanity Institute.

CEU LIMIT • There is a limit of 9 CEUs (90 Hours) in the Fall, Winter, and Spring Quarters, During the Summer Quarter there is a limit of 15 CEUs (150 Hours). However, there is an annual limit of 25 CEUs (250 hours) that may be taken by an individual during any one-year period.

HOURLY LIMIT • There is a limit of 90 Washington State Clock Hours or Oregon PDU Hours in the Fall, Winter, and Spring Quarters, During the Summer Quarter there is a limit of 150 clock hours or PDU hours. However, there is an annual limit of 250 Washington Clock Hours or Oregon PDU Hours that may be taken by an individual during any one-year period.

CREDIT & HOUR LIMIT WAIVER • To exceed the limit of Quarter or Annual Credits, THI CEUs, Washington Clock Hours or Oregon PDU Hours, send a request to The Heritage Institute Registrar, registrar@hol.edu, listing the courses you want to take, their credit or hour value, and rationale for the limit waiver.

COMPLETION • Completion time for all Online, Distance and Customized Independent Study courses is within six months from the date of registration.

EXTENSIONS • There is a \$20 administrative fee for each course extended. Requests need to be received at THI at least one week prior to your required completion date. A one-time extension of six months may be obtained for all Online, Distance and Customized Independent Study courses.

COURSE LEVEL CHANGES • Course level changes may be done via phone or email to The Heritage Institute. Please also notify your instructor of this change. For course level changes made within 30-days of registering refunds or additional charges will apply. More than 30-days after registering no refunds will be issued, but addition tuition must be paid, if applicable.

CANCELLATIONS & REFUNDS • Cancellation requests must be received by The Heritage Institute within 30-days of registration to qualify for a tuition refund (minus a \$20 administrative fee for each course cancelled). Thirty-days after registration full tuition is forfeited. Cancellations may be sent by Fax or Email. Transcripts will be held until all fees are paid. For Workshops policies, please contact your instructor directly.

SYLLABI SUMMARY • Syllabi Summaries are available online at www.hol.edu/ where you may print or view them in PDF format. Information sheets with instructions to begin work on your online or distance course will be emailed after registration.

PAYMENT • Full payment for courses by Visa, MasterCard, check, or P.O. is required when registering. Make checks payable to The Heritage Institute and mail to: The Heritage Institute, PO Box 1273, Freeland WA, 98249. NSF checks incur a \$20 charge.

PURCHASE ORDER • To register with a purchase order, send your completed registration form to your district with instructions to forward it to THI with the purchase order.

ADDITIONAL POSTAGE • Additional charges will apply to teachers outside the U.S. obtaining Distance Course materials from the instructor after registration.

THE HERITAGE INSTITUTE & ANTIOCH UNIVERSITY'S RELATIONSHIP • The Heritage Institute and Antioch University Seattle are separately incorporated and are affiliated by a contractual agreement under whose terms Antioch University Seattle reviews and certifies the appropriateness of course content and instructor credentials.

TRANSCRIPTS • Transcripts are only available if you have earned Continuing Education credit at the 400 or 500 level. THI CEUs, WA Clock Hours and Oregon PDUs DO NOT APPEAR on an Antioch Transcript. Request THI CEU, Clock Hour or PDU certificates directly from THI. Transcripts for Continuing Education credits must be requested through the National Student Clearinghouse Transcript Ordering Center at: www.getmytranscript.com. To be sure all courses completed within the past 60 days are included, review your Certificate of Course Completions online: Report.hol.edu, before ordering a transcript. Transcripts are processed with those credits posted as of the date the order is received. It is important that you do not order before receiving credit verification. Read 'Ordering A Transcript' at: www.hol.edu

Transcript fees are payable using Visa, MasterCard and other major credit cards. Once credit for your recently completed courses has been received by Antioch, transcript processing generally takes 1-2 weeks. Rush processing is available for an additional fee. For more information, contact Antioch University Seattle, Registrar's office at 206.268.4772.

Check out our website for a full list of workshops and field studies offered in the Pacific Northwest .

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Workshops
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