21st Century Skills - Active Listening

Objective: To improve ability to actively listen to a speaker.

Grade Level: Middle School

Time: 45-50 minutes (1 class period)

Materials Needed:

- Topic Cards printed and cut (1 set per pair of students)
- Visible Timer
- Students need something to write their reflections on
- 1. Warm up (7 minutes)- Ask students to consider what skills they will need to have in their future careers that their grandparents would not need.
 - a. Students will likely come up with technology related ideas
 - b. Introduce the idea that future work places are relying more on communication skills than ever before
 - i. Today we will focus on "Active Listening" prompt for schema
 - 1. What is it? When would you use it? Why is it important?
- Activity (30 minutes) Students will be assigned as Parter A or Partner B. Partner A will choose a topic card and talk about that topic for 2 minutes while Partner B listens only (no responses, stay focused on the speaker). After 2 minutes, Partner B will summarize what they heard and Partner A will give feedback. Then students switch roles.
 - a. Explain the activity, ask a pair to model
 - b. If needed, provide sentence frames for feedback
 - i. "Nice job, you got the main points!"
 - ii. "You got most of it, but you missed a couple things"
 - iii. "Here are some main points you missed..."
 - c. Pass out the topic cards, make sure students understand their role and set the timer.

- d. Give both partners a chance to do the talking and listening, then prompt a short (5 minute discussion) about what made it easier to actively listen.
 - i. Some ideas may include keeping eye contact on the person talking, noticing if your mind wanders and bringing it back to what the person is saying, etc.
 - Ask the class to write down one thing they think they could do better as an active listener and one strategy for accomplishing that goal.
- e. Have each partner try a second round with a new topic, utilizing the strategy they identified, and giving feedback again
- 3. Reflection (7 minutes)- Ask students to reflect in writing on these prompts:
 - a. What was easy about this task?
 - b. What was difficult about this task?
 - c. Did you improve the second time around?
 - d. How could you improve more?

Topic Cards

If you could travel anywhere in the world, where would you go and why?	Who, in the United States, do you think has the coolest job? Why?
What do you think is the most dangerous thing for a teenager and why?	If you could have one super-hero quality, what would it be?
Where would you go and what would you watch if you could be invisible for a day?	What qualities do you look for in a friend?
If your house was burning and you had time to grab one item, what would it be?	What would be the best compliment you could receive?
What is your biggest pet peeve?	Which teacher has made the biggest difference in your life?