Gary Slater

Drug Education for Today’s Teacher

**Drug Lesson:** Fetal Alcohol Syndrome (9-10th grade)

**Goals:** The student will demonstrate knowledge of the effects of Fetal Alcohol Syndrome on an individual as well as the role a spouse would play.

**Objectives:** The student will

 - Identify potential physical abnormalities associated with FAS

 - Identify potential mental abnormalities associated with FAS

 - Propose responsibilities that a spouse would have for preventing FAS

**Activities:**

 Warm Up: Student attempts to answer the question: How much alcohol do you think is

 safe for a pregnant mother to consume? Partner share to compare.

 Research: Have students research both physical and mental abnormalities associated

 with FAS and write down 3 of each that they think are most concerning to them. Use

 internet and or text.

 Lecture: Review and discuss FAS effects.

 Question: Students attempt answer the question: Is there a time during pregnancy that

 is the most vulnerable for a fetus exposed to alcohol in their opinion? Explain why.

 Research: Students answer the previous question through internet research.

Lecture: Discuss that potential alcohol effects during pregnancy any time. There is no safe time! Share the following link: <https://www.livescience.com/17971-drinking-pregnancy-worst-trimester.html>

Small group activity: Students answer the question and discuss together: Is it only the

mother’s responsibility to prevent FAS? What role does a spouse play?

Review: Groups share responses to the class. Add any discussion as needed.

Exit ticket: Students list on a card or in a journal two important aspects to remember

 about FAS. They should give the card as they leave.