**Lesson plan**

80 minutes

Learning objective:

Practice how to overcome obstacles with positive attitude

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| Teacher do | Students do |
| Questions: What is obstacle? Do you have obstacle? If you do, in 3 minutes write down as many as you can think about. Hand out the paper double sided, one side is for the students to write down their obstacles and the other side is AVID three leveled questions format. | Explain what is obstacle, and give examples.  Write down their own obstacles quietly. |
| We are going to watch a cartoon. Not a cartoon you normally watch. After we watch it, we are going to use AVID three leveled questions to share. (We already taught AVID three leveled questions in previous lesson) | Confirm what teacher said and understand what to do next.  Watch Cartoon  <https://www.bing.com/videos/search?q=a+story+of+overcoming+adversity+for+children&&view=detail&mid=CFA9173DEDA656D8615CCFA9173DEDA656D8615C&&FORM=VRDGAR> |
| Please use academic language which they have been learning and write down at least one question for each level (10 minutes) | The students write down their three questions of each level |
| You are going to share 1st leveled question, then 2nd and 3rd leveled questions with a friend. When the music plays, start walk around and find a friend when the music stops. Please use red pen to add the questions you didn’t think of, but now you get from your friend. (10 minutes) | The students hold their clipboard and red pen, find a friend to share and add new questions. |
| We will divide into three groups and each group will write down at least 5 questions of level 1, 2 or 3.  (10 minutes) | The students count 1, 2 and 3. They go to their group based on their number. They work as a group and gather all the questions of the level they are responsible for. |
| We are going to do a gallery walk and you will see all three leveled questions. You can use a color pen to draw a heart or happy face next to the question you like, or answer that question.  (10 minutes) | Gallery walk and make comments |
| We are going to share how the boy in the video overcame his obstacles with positive attitude.  (10 minutes0 | The students raise hands and share |
| Look at what you write down about your obstacles, write down how can you overcome your obstacles. After you write down, if you want to share, you can, but you don’t have to.  (10 minutes) | The students write down how can they overcome their obstacles.  If they want to share, they can share with the class. |

This video is done through an amazing animation. Steven Claunch told us his own story that he has no fingers on right hand and his right leg is several inches shorter than the left one. People around him showed pity for him and he looked at himself differently. He refused to use the obstacles he had to have a pity party. He believed that he can do normal things just like everyone else and he proved it. He didn’t have magic, but practice harder, try harder and keep being better. This is the key point I want to show my students. All you need to do is to practice again and again to be better yourself.

I like what Steven said: “We all have obstacles. Some obstacles are visible, or less visible. Maybe you come from a poor neighborhood, maybe your parents get divorced. If people try to put you down because of the obstacles, prove them wrong. “