

Growth Mindset Lesson Plan

Monthly Reflection

Objectives:

- Students will develop awareness of growth mindset qualities (risk, growth, strategies, perseverance, effort, challenge)
- Students will reflect on their learning process for the previous month
- Students will use their reflection to set goals for the upcoming month
- Students will share their growth in writing, with a partner and will have the option to share with the class
- To establish a monthly reflection routine
- Teacher observes which students are demonstrating a fixed or growth mindset in certain areas and uses this data to later work with individual students to support growth and to help others develop more of a growth mindset

Materials:

- Writer's Notebooks
- Sharpies
- 3 X 3 post it's
- One piece of chart paper (25 X 30) titled, "Our goals for _____"
- Access to student work from the previous month
- On whiteboard, write the following reflection questions;
 - What is a risk you took last month?
 - What are you proud of from the last month?
 - What did you learn about yourself last month?
 - Set a specific goal for next month?
 - How will you work towards this goal?

Length of Lesson: 45 minutes

Grade: Second

Procedure:

- Remind students we have completed another month of second grade and it's time to reflect and celebrate our growth and learning from the previous month
- Student volunteer reads reflection questions from white board
- Students give examples of possible responses
- Teacher models examples from adult learning experiences in past month

- Provide students 5 minutes of silent think time to reflect
- Students have 15 minutes to write their reflections and to look through their work, if needed
- Partner work: Students choose part of their written reflection to share with a partner
- Whole class share: class gathers together in a circle with written reflection, volunteers share something from their reflection with the group. Teacher responds with genuine interest specific process praise (highlighting effort, risk, perseverance, challenge, strategies etc.) and encourages students to share evidence and strategies connected to achievement while also highlighting brain growth, development and learning.
- Students share their goal for the next month with a new partner and communicates how their partner can support their goal
- Students write their goals on post-it's and place on chart paper, which remains on display during the month

Assessment:

- Written reflections and goals: Where is there evidence of fixed or growth mindset thinking? What support is needed for individual and small groups of students? What are next steps for students exhibiting fixed mindset qualities? What do students need modeled to help support the development of a growth mindset? What experiences can I provide for them? Which students can benefit from working together? How are students responding to setbacks?