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Assignment #13: Lesson Development  
ED 548F: Helping Students Motivate Themselves  
Level: 500

## Personality Assessment Towards Career Goals Lesson Plan

### Instructional Objectives

Students will:

1. Learn how to use available technology to work on career development.
2. Students will gain insights into their own personality and strengths to create career goals for themselves.

### Duration

1 hour

### Materials

Rented Chromebooks for computer access for each student.

### Procedure

1. Counselor will share with the class their personality profile, what their job entails, and what their educational path was. They will then explain that students will find their own personality profile today and look at potential educational paths for themselves: *5 minutes*

*"People like you are quiet, gentle, and caring. When people first meet you you may seem reserved and cool. But once you get to know and care about someone, you are warm and very loyal. You tend to be cautious about jumping into social activities and may resist trying new experiences. Instead, you like spending time with one or two close, trusted friends or spending time alone, enjoying the things that really interest you. You are considerate, respectful, and sensitive, and usually find tension or conflict between people very uncomfortable. Since you have strong beliefs about right and wrong and try to always treat other people kindly, you may be easily hurt or offended by the insensitivity or callousness of others.*

*You are also unpretentious and down-to-earth. You speak clearly and literally, and want others to be equally explicit in explaining directions or stating their expectations of you. You tend to be selective about things like food and clothing, are usually tidy and organized, and prefer to be dressed appropriately for all occasions. You're also careful with your money and possessions. You are probably blessed with an excellent memory for details, especially facts about people, but may find it hard to read between the lines or deal with a lot of abstractions. Since you like to make a decision and stick with it,*

*you are often annoyed when plans are changed suddenly. You're not a big risk taker and are happiest with a predictable daily routine. While you want to please the people close to you, you are rarely willing to compromise on really important issues.*

*"I am a school counselor, which means I work with students on current academic issues, future planning, and social/emotional issues.*

*"I got a Bachelor's in Psychology, minor in Spanish at Seattle University and just finished my masters in Education: Counseling at Portland State University in June of 2016.*

2. Students will break into groups of 3 and talk to their peers about what their current plans are for after they graduate high school - specifically focusing on career plans. *5 minutes*
3. Counselor will link their computer up to the projector, and show students how to access the personality profile available to them online through Naviance (an online resource for future planning within our school district). *3 minutes*
4. Students will take the personality survey independently on their computers. If students finish early, they will journal about their thoughts and impressions of the profile's assessment of them. *20 minutes*
5. Students will break into the same groups of 3 to discuss their impressions of their personality profile. *8 minutes*
6. Students will share outloud how accurate they found their personality profile to be. *3 minutes*
7. Counselor will show students on the projector how to find the link to see relevant careers to them. *1 minutes*
8. Students will take time to find 3 careers that look interesting to them, and save the list of colleges that the website provides which provide the required major. *10 minutes*
9. Counselor explains and passes out a flyer of resources available to students to continue the process of narrowing down colleges and starting the application process. *5 minutes*

### **Assessment**

Counselors will gage engagement during group discussions, listen to how accurate students felt the profile matched their personality, and see how many students follow up on the resources available to them to apply to colleges.

### **Possible Extensions/Modifications**

1. Counselor could walk through one of the college match searches to show students how to find colleges of interest to them and cross-reference their list of colleges with relevant majors to them.
2. Students could have more time to research career paths that don't require a college degree (i.e. trades, military, etc...)