SMART Goals Mind Map Lesson Plan

**Time:** One 45 minute class period

**Learning Objectives:**

1. **Students will create a Mind Map identifying specific actions that will help them reach their SMART goal**
2. **Students will share their information with a partner to gather new or different ideas**
3. **Students will check-in with their mentor weekly towards goal process**

**Materials:**

Paper

Markers

Pens

Magazine clippings

**Resources:**

Student’s SMART goals from their last Group Session

**Activities:**

1. Students will create a Mind Map with their chosen SMART Goal as the objective. Teacher will explain a Mind Map and show an example.
2. In their Mind Map, they will identify a timeline, steps to take to reach their goal, what the student will do to reach that goal, how others can help, what others will see them doing and how they know they will have met their goal.
3. They will then choose a partner and share their Mind Map and add any additional information that their partner suggests that will help them to achieve their goal.
4. Students will share their Mind Map with their mentor.

**Assessment:**

Students will share their Mind Map with their group leader and adult mentor. Adult mentor will check in with the student each week towards goal process. Student will receive a celebration (positive acknowledgement from their team and maybe an incentive, if incentive is available), create a new SMART goal, and work with their mentor on new SMART goal.