

Content	Time	Student will be able to (SWBAT):	Layout / Equipment
Warm-up	5 Minutes	-complete warm-up posted on white board without redirection from teacher and safely in their own self space.	-Warm-up posted on white board next to entrance to the gym. -Instructions for various motor skills and exercises to be completed before the music stops.
Partner Talk "Why do we warm-up in PE?"	3 Minutes	-provide a listening posture to their partner. -share at least one idea with their partner.	-Students standing with teacher around the middle circle in the gym. -Speaking to a partner that is standing next to them. -Teacher listening and summarizing for the group.
Selfie Tag	5 Minutes	-move body safely in self space and attempt to avoid taggers. -rescue classmates when they are tagged.	-2-3 taggers depending on group size w/ a quarter of a pool noodle. -All other students spread out in the gym.
Slam Ball Build 1	8 minutes	-“slam” ball into the hoop in a way that partner can catch it after one bounce. -return ball quickly to partner. -count the number of successful catches in sixty seconds. -increase their score with their partner over the course of three rounds.	-Students partner up as they meet me at the middle circle after tag. -Each partner set has a hula hoop and a 8.5” playground ball. -Students will spread out in self space with their equipment.
Slam Ball Build 2	20 minutes	-play competitively with their partner to five points. -show good sportsmanship. -find a new partner after five points and start a new game.	-Same set up as above. -When students finish a round they go to the designated coned off area to find a new partner.
Group Chat	3 Minutes	-provide a listening posture to the teacher. -Line up quickly and quietly.	-Meet me at the middle circle.