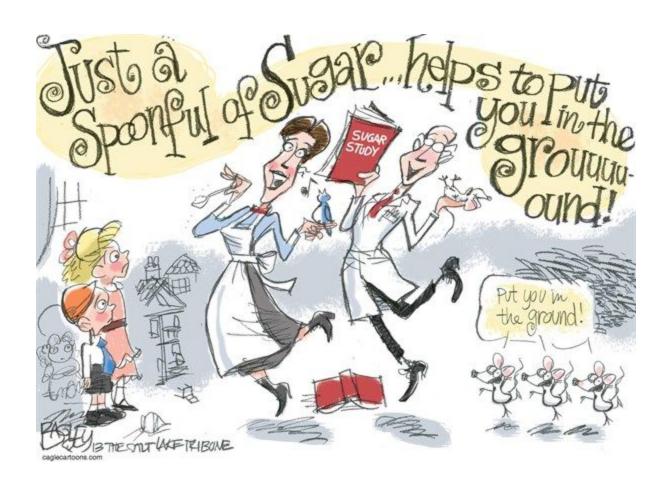
# That Sugar Lesson

# A Lesson Created for Middle School Students Submitted by: Denise Bakkum



#### **TIME NEEDED:**

4 Days

#### **BIG IDEA**:

Sugar is dangerous for our health.

#### LEARNING GOAL:

Students will learn about the risks of hidden sugars in their daily diets.

#### MATERIALS NEEDED:

That Sugar Film (Hulu) 1:42
That Sugar Film Kahoot Quiz

#### **LESSON PLANS**:

### Day One:

• Students will play the "That Sugar Film" Kahoot as a pre-test.

#### Day Two:

• Students will view the rest of "That Sugar Film"

# Day Three:

• Students will play the "That Sugar Film" Kahoot as a post-test.

# Day Four:

• Students will create a graphic that displays 5 things they learned about sugar.