**Unit 2 - Social Justice**

**Lesson 3**

**Grade Level:  Kindergarten**

**Focus:**Working together.  Sharing the bounty!

**Time:  20 minutes**

**Prep:** Have clean scissors, three washing bowls, paper towels, 2 baskets ready for produce and a supply of baggies.

**Warm up:** in classroom with whole group (5 min)

“Think of the last thing you shared with someone.  How did it make you feel to share it?”  Turn to an elbow partner and let them know.”  Give some time for this.  “Today we are going to harvest some food from our garden.  The cafeteria will let us share it with the rest of the school on the salad bar during lunch.  We also are going to share it with our families. Healthy food is important for everyone.”

Take your first group to the garden.

**Lesson** (15 min)

1. Gather around the garden bed and make observations about the vegetables you planted.  You will have different produce ready at different times.  Kale will be ready first.
2. “ Some of the kale is ready to pick.  Kale is a special plant because you can pick some of its leaves and the plant will keep growing.  It can live all year long so one plant produces a lot of healthy food.  How many of you have eaten kale?”  Sometimes very few will be familiar with kale.
3. Tear off a leaf (or cut with scissors) and demonstrate washing it 3 times then patting it dry. “This is how we are going to prepare our kale for the cafeteria and our families, but right now we can nibble it if you want to.”  Tear off a piece and give it a try.  Students love eating what they have grown and most will probably want to try it.  If is ok if someone doesn’t want to.
4. “Each of you can take off 4 leaves.  Two can go home with you and two will go to the cafeteria so that whole school can taste the kale you grew.”  If they have trouble tearing off the leaves use the scissors.
5. Take the leaves to the washing station.  Wash, pat dry and put 2 into a baggie to take home and 2 into a big baggie for the school.

**Debrief:**

“What is one thing you learned about kale?”  “What did you like about sharing?”  Let each person say their idea.

Get next group.