Having read all of the assignments before starting the very first one I was able to plan this assignment for mid-April during our testing window. During this time we are heavy into review mode and it would be a good time as we do a lot of some group and intervention work.

I selected two students who display fixed mindsets in my classroom. I am glad it worked out this way as one is male and the other female. The female constantly makes comments about her lack of intelligence while the male gives up frequently without giving much effort.

Plan (I have a day between each lesson)

Day one – have each student complete a self-assessment. This is available on the mindset website. This gave me a baseline which I could refer for a starting point.

Day three – have each student watch a video on Flocabulary which explains mindset. This video is perfect for grade 5.

Day five – Use the preassessment from page 89 in the Ready-to-use resource book where the student is asked to draw a picture of what they know about their brain.

Day seven – The lesson on the Power of Yet from page 98 in the Ready-to-use resource book.

Day eight – Watch videos and discuss the meaning of them. Resilience animation, Don’t Give Up – True Story, Perseverance. The Story of Nick Vujicic, Facing the Giants motivational speech.

Day 10 – Growth Mindset thoughts/statements. Students to write statements they think are Growth Mindset statements for different situations.

Follow-up. Have the students retake the self-assessment. Compare the results from the original assessment.

I planned for a day between each lesson as I did not want to overwhelm the students with information but for them to have time to reflect upon what they are learning.

Both students seemed to grasp the concept and the importance. Being that this occurred over a two week span it is important for me to model Growth-Mindset in the classroom and to continue with other activities.